















Secondary

Primary

Bovingdon Primary Academy

Kings Langley Primary

Nash Mills Church of England Primary

Sarratt Church of England Primary

St Pauls Chipperfield Church of England Primary

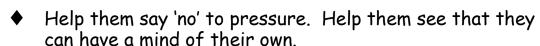
Kings Langley Partnership of Schools

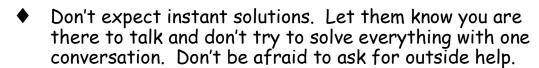
Working Together to Prepare our Children for the Challenges of Tomorrow

Tips for Talking to Teenagers



- Listening and talking openly to your teenager about the risks and challenges they will come up against can help reduce the risks that they face in their day-to-day life.
- Don't try to force conversation. It's a good idea to keep an open mind and accept that talking about difficult issues might be tricky for you both.
- Let them know that you understand the pressures teenagers face can be difficult.
- Give them practical ways to help them stay safe so they don't have to learn through their mistakes.





- Be clear about what is and isn't allowed in your house. Help them understand what your worries are too.
- Positive messages help. Your behaviour will influence them most. Don't expect them not to drink and smoke if you drink and smoke in front of them.
- Sometimes the best way to help your teenager is to get help and support yourself. Don't be afraid to ask for it.

For more information contact your Schools Partnership Team on 01923 264504



