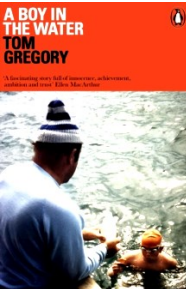


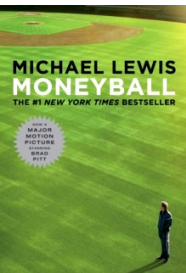
Keeping Your Head in the Game by Gary Bloom

Based on the author's work as a sports psychotherapist, this book explores the psychological challenges of sports.



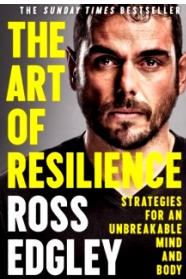
A Boy in the Water by T. Gregory

The poignant, life-affirming story of a determined boy, a visionary coach, and how the dream of a record-breaking Channel swim became reality.



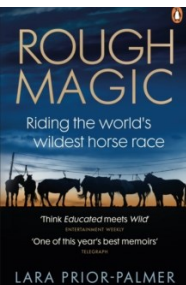
Moneyball by Michael Lewis

The story of the Oakland As' general manager, Billy Beane, who had an epiphany: all conventional baseball wisdom is wrong.



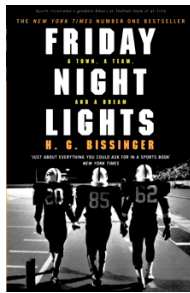
The Art of Resilience by Ross Edgley

Studies the performance of extreme athletes and fitness specialists to uncover the secrets of mental fitness, and explore the concept of resilience in overcoming adversity.



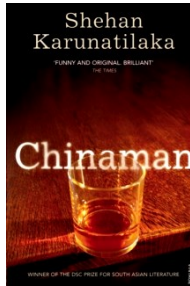
Rough Magic by L. Prior-Palmer

A tale of adventure, fortitude and poetry, this is the extraordinary story of one young woman's experience of the world's toughest horse race.



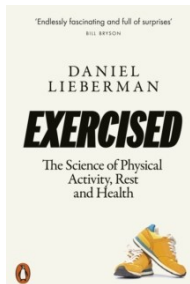
Friday Night Lights by HG Bissinger

In 1988, Bissinger spent a season discovering just what makes a small town pin its hopes on the boys on an American Football field.



Chinaman by S. Karunatilaka

Where is Pradeep S. Mathew - 'the greatest cricketer to walk the earth'? A retired sportswriter is dying, and he wants to know.



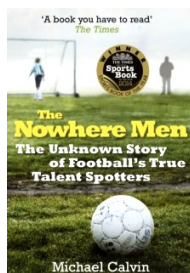
Exercised by D. Lieberman

An exploration of what exercise our bodies need, why it matters, and how best we can do it.



The Boy on the Shed by Paul Ferris

At 16, Paul became Newcastle United's youngest-ever first-teamer. In this memoir, he recounts his journey from a difficult childhood to a difficult career in football.

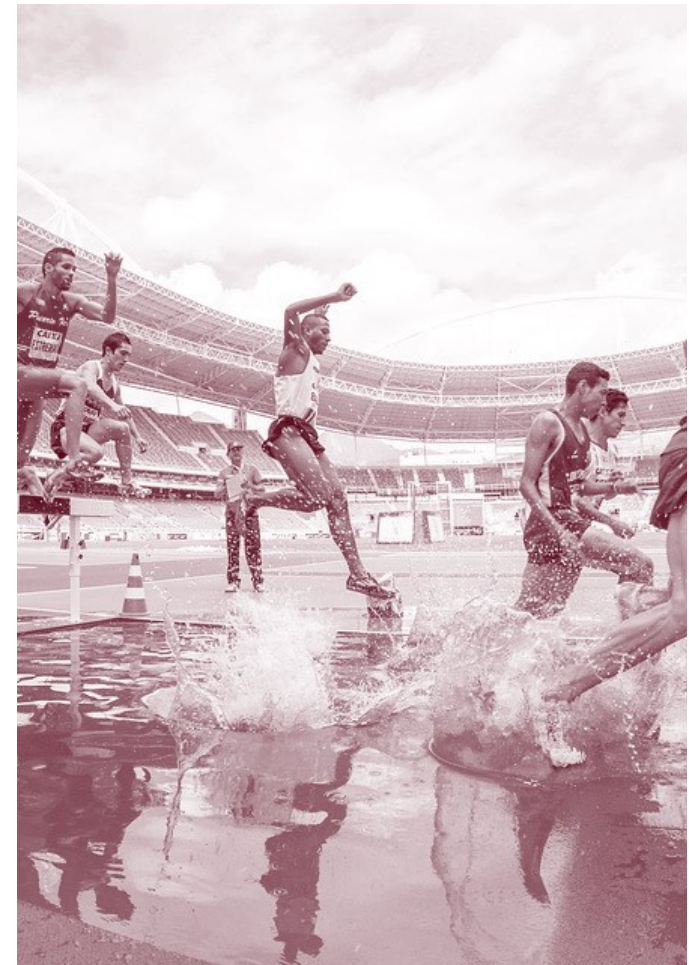


The Nowhere Men by Michael Calvin

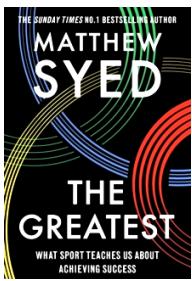
A fascinating insight into the enclosed world of football scouts in the UK.

Sport

WIDER READING

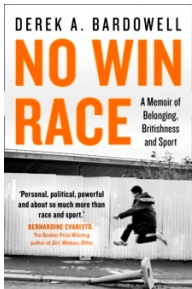


All these books are available from the school library



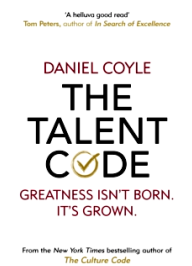
The Greatest by Matthew Syed

How do we become the best that we can be, as individuals, teams and as organisations? Can sport provides the answers?



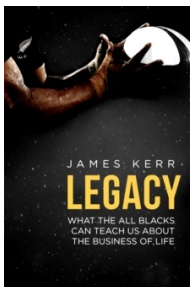
No Win Race by Derek Bardowell

A deeply personal exploration into the complexities and biases implicit in being black in Britain, told through the prism of sport.



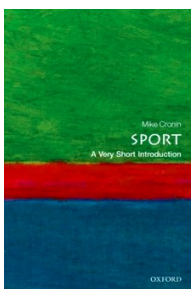
The Talent Code by Daniel Coyle

This book suggests that far from being fixed at birth, ability and talent really can be created and nurtured, if we approach things in the right.



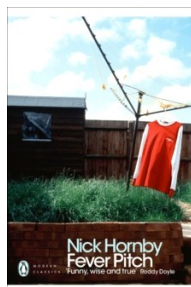
Legacy : 15 Lessons in Leadership by James Kerr

Kerr goes deep into the heart of the legendary All Blacks of New Zealand to reveal the powerful and practical secrets of their success.



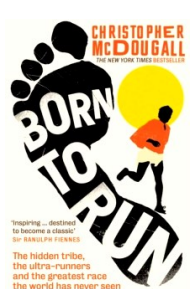
Sport: a Very Short Introduction by Mike Cronin

This book charts the history of sport, from its traditional origins in folk football and cock fighting to its position as a global phenomenon today.



Fever Pitch by Nick Hornby

For many people watching football is mere entertainment, to some it's more like a ritual; but to others, like the author, its highs and lows provide a narrative to life itself.



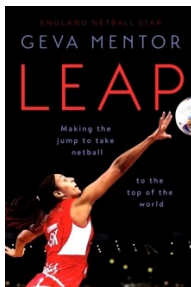
Born to Run by Christopher McDougall

A group of the world's top ultra-runners travel to meet the Tarahumara tribe, who are said to be the best distance runners in the world .



Jog On by Bella Mackie

Struggling with deep-rooted mental health problems, Bella find strength and comfort in learning to run.



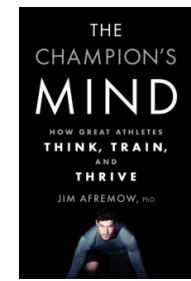
Leap by Geva Mentor

The England netball star's inspiring memoir.



Into Thin Air by Jon Krakauer

The true story of a three separate expeditions caught in a storm on Everest, which ended in one of the worst disasters in the peak's history.



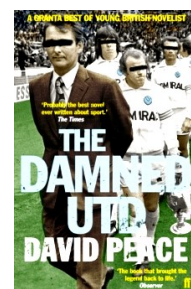
The Champion's Mind by Jim Afremow

The athlete's go-to guide for creating mental strength and achieving peak performance: it's the mental game that matters most.



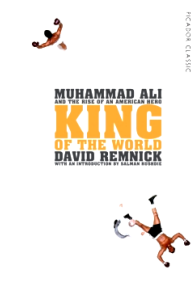
Done Deal by Daniel Geey

What really happens inside a club on transfer deadline day? Are football agents overpaid? And which team's players can never wear red boots?



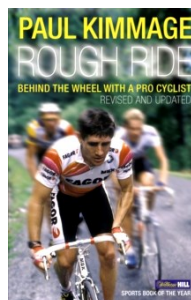
The Damned United by D. Peace

Overachieving and eccentric football manager Brian Clough took over at the country's most successful, and most reviled, football club: Leeds United. The battle he'd face there would make or break the club - or him.



King of the World by D. Remnick

The story of Muhammad Ali, a transcendent athlete and entertainer, and his incredible rise to power.



Rough Ride by Paul Kimmage

Said to be one of the greatest books ever written about the life of a professional athlete, this is a powerful account of the issue of drugs in sport.