



Year 8 PSHE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<ul style="list-style-type: none"> •Relationships 	<ul style="list-style-type: none"> •Relationships •Being Safe Online •Social Awareness 	<ul style="list-style-type: none"> •Social Awareness •Health Education 	<ul style="list-style-type: none"> •Social Awareness •Character for Learning 	<ul style="list-style-type: none"> •Character for learning •Health Education •Being safe online 	<ul style="list-style-type: none"> •Health and economic Education •Resilience
Content PSHE	<ul style="list-style-type: none"> •Healthy relationships •Empathy in relationships •Marriage •Honour based violence •Teenage pregnancy •Contraception •Body Image 	<ul style="list-style-type: none"> •Body Image •Sexting online footprint •Being safe online •Unifrog •Applying rules •Fairness •Migration 	<ul style="list-style-type: none"> •Asylum seekers •Causes of racism •Brexit and the rise of the far right •Challenging racism •Homophobia •How knife crime affects communities 	<ul style="list-style-type: none"> •Punishing those who commit knife crime •Learning to Learn 1 •Learning to learn 2 •Learning to Learn 3 •Learning to Learn 4 	<ul style="list-style-type: none"> •Learning to learn 5 •Security apps- scams and phishing •Body image and mental health •The importance of sleep •Why do people take drugs? •Alcohol- the effects •Drink driving 	<ul style="list-style-type: none"> •Obesity •Fitness trackers- how do I keep healthy? •Different types of bank accounts •What influences our spending? •How do I save my money?
Skills learnt	<ul style="list-style-type: none"> •Recognising abuse in relationships •Challenging negative thoughts about body image •Decision making about the effectiveness of different types of contraception 	<ul style="list-style-type: none"> •Managing risks online •Assertiveness and communication in relationships •Making informed decisions about careers •Evaluation of the impact of migration 	<ul style="list-style-type: none"> •Challenging prejudice •Communication skills •Being safe and managing risks related to knife crime 	<ul style="list-style-type: none"> •Learning skills- self discipline •Reflective skills •Reflection on one's learning styles •Learning styles- curiosity •Verbal and linguistic skills •Prioritising tasks 	<ul style="list-style-type: none"> •Managing risks online •Challenging negative thoughts about body image •Problem solving •Awareness of risks associated with alcohol and drug misuse 	<ul style="list-style-type: none"> •Managing money •Budgeting

Key Questions Asked (PSHE)	<ul style="list-style-type: none"> •What does a healthy relationship look like? •What is domestic abuse? •Why is marriage important? •What is honour violence? •Why is contraception important? What are the different types of contraception? •What is the role of the media in shaping attitudes about body image? •Why is it important to avoid comparing your body with those that we see on the media? 	<ul style="list-style-type: none"> •What are some of the things that can be done to challenge negative body image? •How can you protect yourself online? •What is sexting? •What are the dangers of sexting? •What examples of careers match your interest? •Why are rules important? •What is fairness and how can we demonstrate fairness? •What are pull and push factors? •What are some of the challenges of migration? 	<ul style="list-style-type: none"> •What are asylum seekers? •What is prejudice? •What are some of the causes of racism? •How can we challenge racial prejudice? •What is homophobia? •How can we challenge racism? •What are the effects of knife crime? •How does knife impact on communities? 	<ul style="list-style-type: none"> •Why is self-discipline important? •How do people learn new knowledge? •What are the different learning styles? •Why is reflection important? •Why is learning a new language important? •What are verbal and linguistic skills? 	<ul style="list-style-type: none"> •What is phishing? •What is the link between body image and mental health? •Why is sleep important? •What are drugs? •How do drugs affect behaviour? •Why do people take drugs? •How does alcohol affect people? •What are some of the consequences of alcohol misuse? •What is drink driving? •What are some of the consequences of drink driving? • 	<ul style="list-style-type: none"> •What is obesity? •What are some of the things that we can do to reduce obesity? •What are fitness trackers and how could they help improve exercise and fitness? •What are the different types of bank account? •How do people save money? •Why is budgeting important?
Assessment opportunities	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment
Literacy/ Numeracy/ SMSC/ Character	<ul style="list-style-type: none"> •Domestic abuse •Honour based violence •Respect 	<ul style="list-style-type: none"> •Sexting •Self-regulation •Problem solving 	<ul style="list-style-type: none"> •Key words; prejudice, asylum seekers, homophobia •Citizenship •Tolerance 	<ul style="list-style-type: none"> •Curiosity •Self-regulation •Reflection 	<ul style="list-style-type: none"> •Problem solving skills, •Mental health and well being •Alcohol and social issues 	<ul style="list-style-type: none"> •Self-regulation to reduce obesity •Wisdom and judgement- budgeting