

Year 10 PSHE Curriculum Map



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<ul style="list-style-type: none"> •Relationships •Sex education 	<ul style="list-style-type: none"> •Health education •Character for learning 	<ul style="list-style-type: none"> •Social awareness 	<ul style="list-style-type: none"> •Social awareness •Character for Learning 	<ul style="list-style-type: none"> •Health education 	<ul style="list-style-type: none"> •Health and economic Education •Resilience •Economic education
Content PSHE	<ul style="list-style-type: none"> •Different types of families •Parenting skills and family life •Same sex relationships •Tensions between parents and teenagers •Divorce •Consent •Grooming •Peer to Peer sexual abuse 	<ul style="list-style-type: none"> •Sexual health (Sexually transmitted infections) •Different types of contraception •Domestic violence •Unifrog •Apprenticeships and post 16 • Writing a CV 	<ul style="list-style-type: none"> •Voluntary work •Shared identity and experiences •Challenging discrimination •Positive LGBT •Gambling addiction •Democracy- having your say 	<ul style="list-style-type: none"> •Democracy •House of Lords- do they need reform? •Revision strategies •Recognising emotions 	<ul style="list-style-type: none"> •Depression •Stress •Coping with mental health •Drug supply and county lines • Alcohol and young people •What is addiction? 	<ul style="list-style-type: none"> •How addiction affects families •Consumerism •Money pressures and credit cards
Skills learnt	<ul style="list-style-type: none"> •Recognising different types of families •Recognising signs of grooming •Resilience skills- managing challenging relationships •Decision making skills about consent 	<ul style="list-style-type: none"> •Making wise decisions •Making informed decisions about GCSE options and future careers •Writing a CV •Organisation skills 	<ul style="list-style-type: none"> •Challenging prejudice •Recognising the impact of gambling •Resilience •Communication skills 	<ul style="list-style-type: none"> •Resilience •Time management •Revision skills •Debating skills- about voting age •Communication skills 	<ul style="list-style-type: none"> •Resilience skills •Decision making – about drugs and alcohol •Critical thinking on the impact of drugs •Problem solving •Awareness of risks associated with alcohol and drug misuse 	<ul style="list-style-type: none"> •Resilience •Managing money •Budgeting •Team work

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Key Questions Asked (PSHE)</p>	<ul style="list-style-type: none"> •What are the different types of relationships •What makes a good parent? •What are some of the reasons for the conflict between young people and parents? • What are some of the causes of divorce? •What is consent? •Why is consent important? •What is grooming? •What are the signs of grooming? •What is peer to peer sexual abuse? 	<ul style="list-style-type: none"> •What are the signs and symptoms of some common sexually transmitted infections? •What are some of the ways to prevent sexually transmitted infections? •What are some of the signs of domestic violence? •What are your career interests? •What are apprenticeships? •How are apprenticeships different from other forms of training in employment? •What are some of the advantages and disadvantages of apprenticeships? 	<ul style="list-style-type: none"> •What are some of the benefits of volunteering? •What are some of the reasons for the rise of the far right? •How could we challenge extremism and discriminatory behaviour or language? •What is the difference between gender and sex? •What are some of the different terms used in the LGBT community? •Why is gambling easier and more accessible? •What are some of the effects of gambling? • How could gambling addicts be supported? •Why is voting important? •What are some of the types of voting systems? 	<ul style="list-style-type: none"> •What is democracy? •What are some of the criticism of the House of Commons? •Should the House of commons be abolished? •What are some of the effective revision strategies? •Why is time management important as a revision tool? • What are some pf the strategies to help with memory? •What are the different types of emotions? •How could some emotions affect our mental wellbeing or health? 	<ul style="list-style-type: none"> •What is depression? •What are some of the signs of depression? •What are some of the causes of stress? •What are some of ways to manage stress? •What are some of the different ways of managing mental health? •What are drug county lines? •How do drug dealers exploit young people? •How could you protect yourself and others from county line drug dealers? •What is alcohol abuse? •How does alcohol abuse affect families? 	<ul style="list-style-type: none"> •What is addiction? •Why do some people become drug addicts? •What support is available for drug addicts? •What is consumerism? •Why do companies encourage people to spend on latest gadgets? •What are credit cards? •How could you manage money better? •What are pay day loans?
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Assessment opportunities</p>	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment 	<ul style="list-style-type: none"> •Questioning •Using quick starts at the beginning of the lesson •Feedback provided •Self-assessment

Literacy/ Numeracy/ SMSC/ Character	<ul style="list-style-type: none"> •Grooming •Consent •Domestic violence •Respect •Peer to peer abuse 	<ul style="list-style-type: none"> •Self-regulation •Problem solving •Globalisation •Citizenship •Social justice •Reason and judgement 	Key words <ul style="list-style-type: none"> •Extremism •Radicalisation •Far right extremism •Islamic terrorism •Nationalism 	<ul style="list-style-type: none"> •Citizenship •Democracy •Self-regulation •Reason and judgment •Motivation •Ambition 	<ul style="list-style-type: none"> •Problem solving skills, •Mental health and well being •Social awareness- drug addiction and support •Alcohol and social issues associated with alcohol 	<ul style="list-style-type: none"> •Social awareness- dealing with addiction issues •Wisdom and judgement- budgeting
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