



KINGS Langley SCHOOL
Unlocking potential for life

Year 9 Options

2026-2028

Student and Parent Presentation

The Options Process

- Students have been looking at options and careers as part of their PSHE programme.
- This presentation and the options booklet can be found on our school website.
<https://www.xls.herts.sch.uk/home/curriculum/year-9-options/>
- Students and parents will have the opportunity to discuss GCSE potential in subjects with their teachers during the online parent consultation evening (Thursday 22nd January).
- Students should be using Unifrog considering any thoughts regarding their future education, or careers and making conscious decisions about their choices.
- Students and parents need to return the options sheet by Friday 13th February 2026.



Further Guidance

- Mrs Jennings is available to students during registrations and break times. Appointments can be booked by completing the sheets on Mrs Jennings' office door.
- If parents have any question regarding options, you can email Mrs Jennings using this email: jenningsr@cls.herts.sch.uk
- Using Unifrog can help students look at future careers and educational pathways. Students all have access to this programme <https://www.unifrog.org/sign-in>
- Mrs Vincent and Miss Abdullah, and the form tutors can discuss issues and concerns with students and point them in the right direction for any further support.



Compulsory Subjects For All

Every student will follow a National Curriculum Core Programme in:

- English Language and Literature
- Mathematics
- Double Science



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Compulsory Subject For All

Every student will study **The Foundation Programme**

This consists of :

Personal Social and Health Education (PSHE)

- This is used to deliver the relationships and sex education, and careers and guidance National programmes of study, as well as developing awareness of other issues and supporting our character programme

Physical Education (P.E.)

- This is part of our healthy school and well-being focus

Religious Education (R.E.)

- This is a GCSE qualification and supports students understanding in other subjects such as English literature, history, drama, art



Options Choices 1 & 2:

- **Choice 1:**

Geography

History

- **Choice 2 (and Reserve A):**

Art and design

Design and technology: graphics NEA

Design and technology: textiles NEA

Drama

Food preparation and nutrition

Physical Education

Triple Science



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Choices 3 & 4, (and Reserve B):

- Art and design
- Business
- Computer science
- Drama
- French
- Geography
- History
- Music
- Physical Education
- Spanish
- Triple science



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Option Form

National curriculum core programme	English Language and Literature Mathematics Double science	
Foundation programme	Core PE PSHE RE	
Option 1	Pick one: History Geography	Choice 1:
Option 2	Pick one: Art and design Drama Design and Technology: with Graphics NEA Design and Technology: with Textiles NEA Food Preparation and Nutrition Physical education Triple Science	Choice 2: Reserve choice A:
Option 3 & 4	Choose one from the following: Art and design Business and communications systems Computer science Drama French Geography History Music Physical education Spanish Triple science	Choice 3: Choice 4: Reserve choice B:

Points to consider

- If you choose French or Spanish, it must be the subject you studied in KS3.
- It is not first come, first served – all data is entered into the system together, so use the time to make your decisions.
- If you do not return your form on time, you will be left with the subjects that have spaces.
- Subjects can only be offered if there is enough interest – groups below 20 are extremely unlikely to run.
- Where subjects are over-subscribed, groups will be decided by looking at clashes students have elsewhere; attitude to learning scores, and computer random generated. The school will look at running additional groups, but these may not be possible, so waiting lists will be created.
- Not all students will get their choices, you may get a reserve choice so please be careful when choosing. We endeavour to give everyone their choices, but this is not possible balancing 186 students.
- Please do not repeat subjects in the reserve choices i.e. picking art in option 2 and then choose art as reserve option in option 4, as the computer could allocate you this twice!



Doing your research

Starting top down

- If your child knows what they what to do, consider what qualifications they need to enter that profession.
- Think about all the different ways to enter the profession and at what levels this can be done from.
- What qualifications are needed?

Degree, level 3 courses or A level, level 2 courses or GCSEs

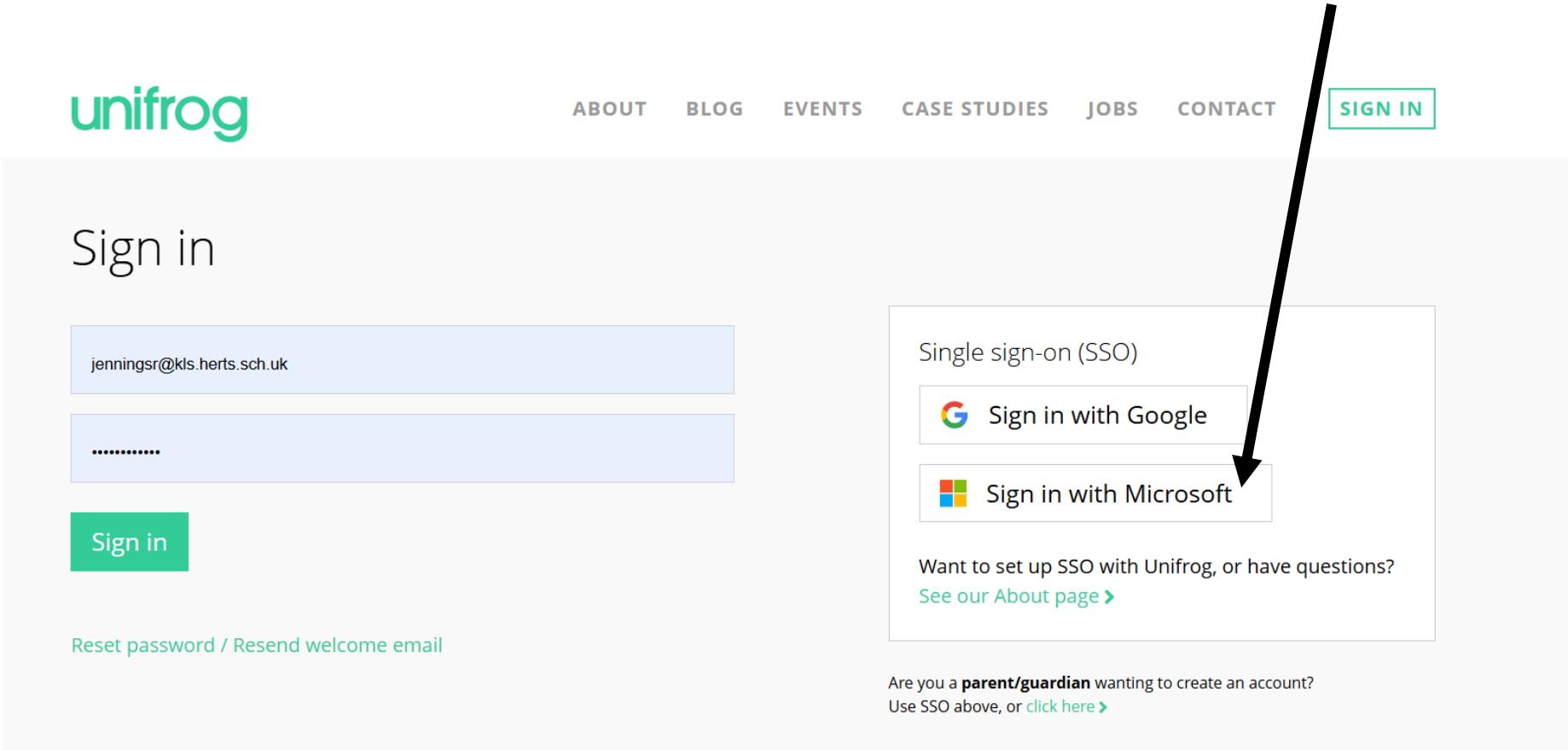
- How will your child obtain the relevant qualification?
University, apprenticeship, sixth form, college, UTC
- To obtain that qualification, what GCSEs do you have to have/ would be considered useful?



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Unifrog

- Unifrog is now single-user sign-on so just use Microsoft button



The image shows the Unifrog sign-in page. At the top, there is a navigation bar with links for ABOUT, BLOG, EVENTS, CASE STUDIES, JOBS, and CONTACT, and a green SIGN IN button. Below the navigation bar, the page title is "Sign in". There are two input fields: the first contains the email "jenningsr@kls.herts.sch.uk" and the second contains a password. Below these fields is a green "Sign in" button. To the right of the input fields, there is a "Single sign-on (SSO)" section. This section contains two buttons: "Sign in with Google" (with a Google logo) and "Sign in with Microsoft" (with a Microsoft logo). A large black arrow points from the text "just use Microsoft button" in the list above to the "Sign in with Microsoft" button. At the bottom of the page, there is a link to "Reset password / Resend welcome email" and a note for parent/guardians about account creation.

Sign in

jenningsr@kls.herts.sch.uk

.....

Sign in

Reset password / Resend welcome email

Single sign-on (SSO)

 Sign in with Google

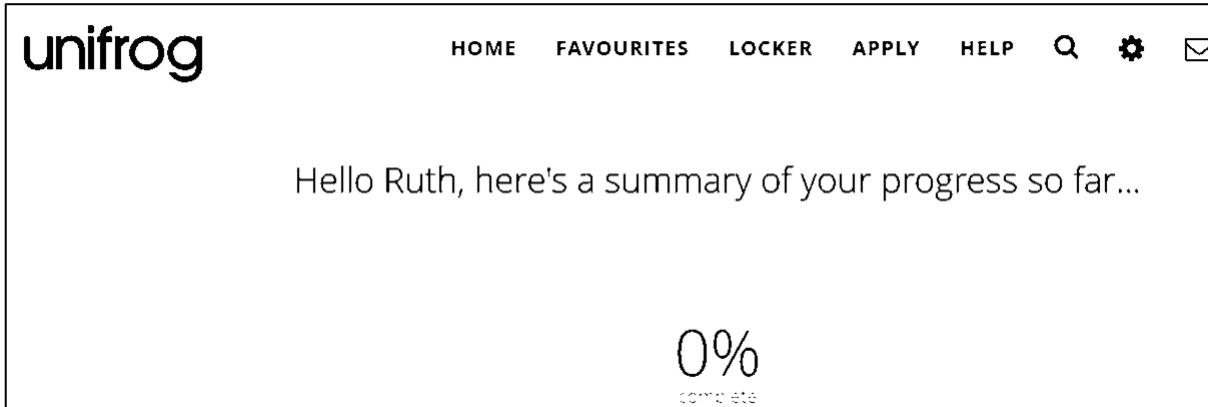
 Sign in with Microsoft

Want to set up SSO with Unifrog, or have questions?
[See our About page](#) ➤

Are you a **parent/guardian** wanting to create an account?
Use SSO above, or [click here](#) ➤

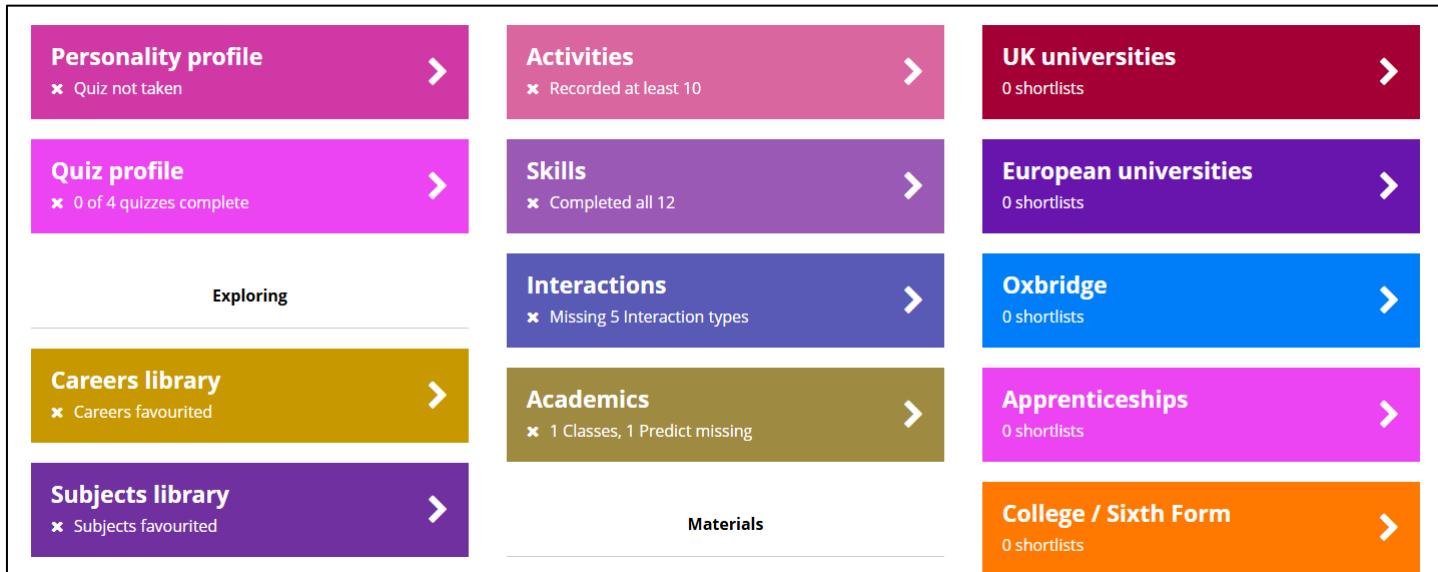
Using Unifrog

Home screen looks like this.



A screenshot of the Unifrog home screen. At the top, there is a navigation bar with links for HOME, FAVOURITES, LOCKER, APPLY, HELP, and a search icon. Below the navigation bar, a message says "Hello Ruth, here's a summary of your progress so far...". In the center, there is a large "0%" completion bar with the word "complete" underneath it.

Scroll down the page until you get to careers library



A screenshot of the Unifrog home screen showing various sections. An arrow points to the "Careers library" section, which is highlighted in yellow. The sections include:

- Personality profile (Quiz not taken)
- Activities (Recorded at least 10)
- UK universities (0 shortlists)
- Quiz profile (0 of 4 quizzes complete)
- Skills (Completed all 12)
- European universities (0 shortlists)
- Exploring
- Careers library (Careers favoured)
- Interactions (Missing 5 Interaction types)
- Oxbridge (0 shortlists)
- Subjects library (Subjects favoured)
- Academics (1 Classes, 1 Predict missing)
- Apprenticeships (0 shortlists)
- Materials
- College / Sixth Form (0 shortlists)

Using Unifrog

Search by keyword

Search for careers using a keyword

[Go >](#)

Search by school subjects

Search for careers using the subjects you're studying at school that you like the most

 X X[Go >](#)

Career sectors

Here are some sectors you might be interested in [See all Sectors >](#)





SUBJECTS



Choose what
you enjoy



Choose what
you're good at



Choose subjects
related to your degree



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Dates to Remember

Thursday 22nd January 2026

Year 9 Parent Consultation Evening (online)

Friday 16th January until Wednesday 11th February 2026

Mrs Vincent and Mrs Abdullah and Mrs Jennings are available to answer any further questions.

Friday 13th February 2026

Deadline for choices forms to be returned to Mrs Jennings via form tutors

JULY 2026

Students will receive confirmation of options

If students have changed their minds or wish to switch, there will be a form to complete and hand into Mrs Jennings. This is first come – first served

30th September 2026

This is the last date for switching subjects.



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Questions to
jenningsr@cls.herts.sch.uk

Thank you and good luck!



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