



Kings Langley School News

Issue 16

Dates for your Diary

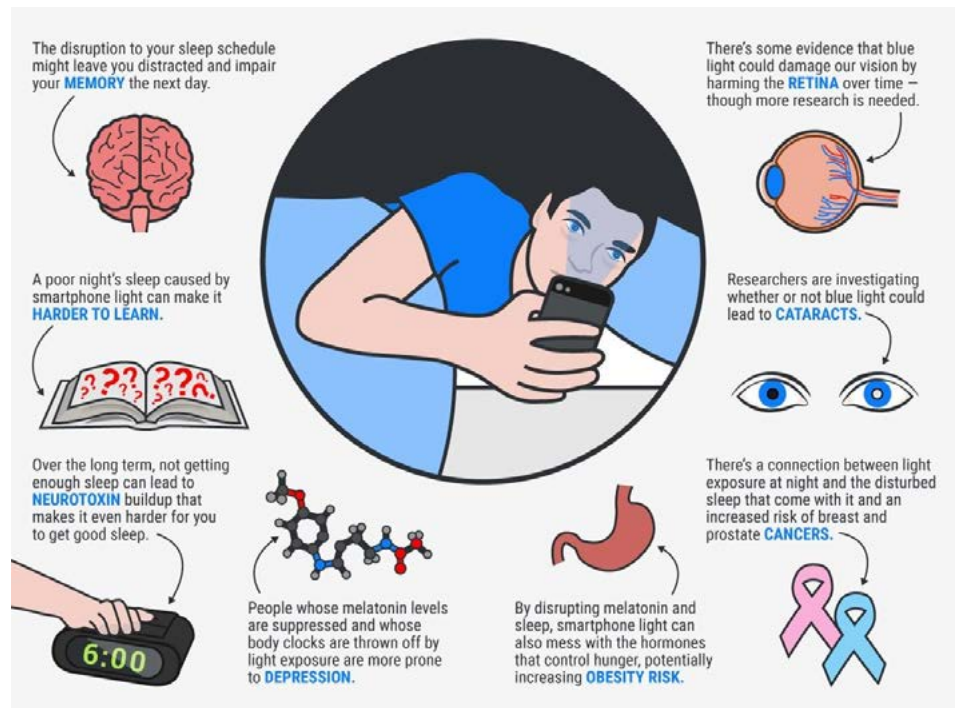
- **January 13–24,**
Year 13 Examination Week
- **Monday 20 January**
SENDCo Surgery,
3:30pm–5:30pm
- **Wednesday 22 January**
Dacorum Secondary
Trampoline Champs,
4:00pm–6:00pm
- **Wednesday 22 January**
Parent Event: How to Boost
Children's Resilience and
Positive Mental Health,
7:00pm–8:00pm
- **Thursday 23 January**
Year 9 Subject Consultation
Evening, 4:15pm–7:45pm
- **Wednesday 29 January**
Year 10 Work Experience
Information Evening,
7:00pm–7:45pm
- **Wednesday 29 January**
Year 12 Work Experience
Information Evening,
7:45pm–8:15pm
- **Thursday 30 January**
Year 11 Subject Consultation
Evening, 4:15pm–7:45pm
- **Saturday 1 February**
Saturday Detention,
9:00am–11:00am

A Note from the Headteacher

Mr D Fisher

Parents will know as a school we have decided to turn off from the digital world in terms of mobile phones with huge success. The students have been phenomenal in their attitude to this change, and we are now starting to see the benefits of a “heads up school” in improvements in communication skills and kindness. There has also been a significant reduction in social media bullying, and finally, students have been more focused on their studies.

However, we continue to have large numbers of parents talking with pastoral leads and mental health professionals about the issues of sleep with their child and how a lack of it is having a detrimental impact. Linked to this is blue light, and we are surprised by the large amount of it in many of our students' bedrooms late into the night. Whilst the science behind the claims in the diagram below is supported, more research is required, but it provides a useful summary of some of the reasons as to why our bedrooms should be free from screens or devices to ensure a healthy mind in young people. I hope parents use this information and the links below to think carefully about the environment their child is sleeping in to ensure they stay healthy and well.



<https://www.sleepfoundation.org/articles/screen-time-and-insomnia-what-it-means-teens>

<https://www.sleepfoundation.org/articles/how-blue-light-affects-kids-sleep>

<https://www.health.harvard.edu/staying-healthy/blue-light-has-a-dark-side>

Pathfinder Day at the University of Hertfordshire

Mrs A Afilaka

A group of Year 9 students attended the Pathfinder Day. The day was centred on the options available to study at university, the availability of a wide range of courses which cater to a huge range of interests, how much it costs to study at university and how funding is provided, and living at home and living on campus.

The students took part in a range of activities and were supported by guides who were themselves university students. The guides answered the students' questions and gave a bit of information on how they came to make their own choice of what and where to study.

The students went on a tour of the campus, including lecture rooms, the accommodation, and sports facilities. They were impressed by the size of the campus, facilities and how modern everything was.

Comments on the trip:

Louis 9C *"It was a really good experience. I'm glad I got to know about university life."*

Joe 9C *"There was lots of useful information, and there was lots that I didn't know before. It has made me consider going to university."*

Jess 9A *"I didn't know much before today but I understand now that it is a very independent lifestyle. The sessions were interactive and the guides were helpful and friendly."*

DJ 9G *"It was good seeing all of the facilities. The activities were fun and it was great getting to know the guides."*

Zain 9J *"I found the information about living in accommodation and developing your independence quite interesting, as well as the different university courses on offer."*

Emily G. 9A *"I have enjoyed it, the guides were really nice and helpful. I learnt a lot about university life."*

Tanaya 9A *"I would now think of university as a possible option now that I understand a bit more about how it works."*

Emilie 9D *"It gave me a better insight into the different options available."*

Sumayyah 9J *"I learnt more about university. It has changed my opinion and I would consider going to university."*

Florence 9D *"It has change my perspective. I realise it is more of an independent life. I would consider it a possible option."*

Amelie 9D *"I learnt a lot more about university and I didn't realise how much students are independent. The sessions were really good, fun and interactive."*

Mia S 9J *"It was a really good day, all the activities were interesting. I didn't realise there were so many different courses to study at university"*

Honeymay 9J *"I didn't know much about university but I learnt a lot today. I think it may be easier to find a course I like."*



Celebrating Success

Colour Award

Grace 10G – Arts Bronze

Sophia 10G – Arts Bronze

Lydia 8A – Arts Bronze

Laycy 8A – Arts Bronze

100% Attendance – Sixth Form

Year 12 Year 13

Oliver	Callum
Charlie	Imani
Georgina	Krystal
Anna	Harrison
Beth	Gabriel
Katie	
Aaron	
Charlotte	
Tomas	
Thomas	
Gabby	
Charlie	
Sita	
Troy	



STEM Bulletin

Miss C Scanlan, STEM coordinator



STEM Challenge No. 9

Which 3 numbers have the same answer whether they're added or multiplied together?

STEM Challenge No. 8

There are 2 planes. One is going from New York to London at a speed of 600MPH the other is travelling from London to new York at a speed of 500MPH. when the planes meet which one will be closer to London?

Answer

They will be the same distance away when they meet.

Artworks of the Week

Students in Mr Tubb's Yr.10 GCSE art group produced experimental backgrounds using inks, marbling inks, book paper, brush powder and paint, and then produced a mono-printed skeleton design from photographs taken from the skeleton in Science.



AUSTRIA



Dear students and parents

It is my intention to run a ski trip to Austria in the February half term of 2021.

This year, for the first time in my memory, there is no ski trip from the school due to a lack of numbers. As a result I am anxious to establish interest for a trip next year before I make a booking with our tour operator.

Assuming next year's trip runs [we need a minimum of twenty students] it will be to Austria and we will travel down by coach for six days on the mountain. The fully inclusive price for the trip will be approximately £1000. This includes travel, accommodation, ski pass, ski lessons of four hours a day and insurance.

The ski trip to Austria next year is open to all students in the school

However there are three criteria that must be met.

1. All payments must be made to the schedule that will be set by our Finance Office
2. Students must have a good record for conduct in school
3. Beginners must commit to six hours [4x90 minutes] at Hemel Snow Centre during the summer term

In order to declare an interest in our ski trip to Austria next year please place a deposit of £100 with our Finance Office by February half term [Friday the 14th of February]. If we are unable to attract the numbers required for this trip to go ahead your deposit, of course, is fully refundable.

In any event, I would like to take the opportunity to wish you all a happy and fulfilling year ahead.

Kind Regards

Geoff Shephard



Brecon Forest Farmhouse

The Kings Langley School Outdoor Education Centre

Now available for parents, families and friends

Affordable accommodation suitable for weekend breaks or longer

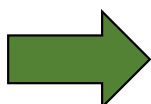
Visit our website for availability, affordable prices, on-line booking and more at...
www.breconforestfarmhouse.org.uk



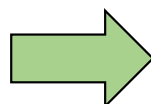
The farmhouse is maintained by a charitable trust and more information may be gained by speaking to Ian Hall (Chairman of the trust) on **01442 381650**

***MORE TIME IN SCHOOL =
MORE TIME TO LEARN!***

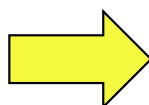
4 SCHOOL DAYS
OFF EACH YEAR



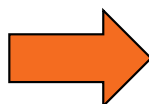
7 SCHOOL DAYS
OFF EACH YEAR



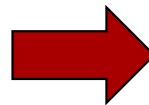
9 SCHOOL DAYS
OFF EACH YEAR



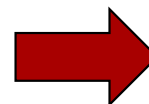
11 SCHOOL DAYS
OFF EACH YEAR



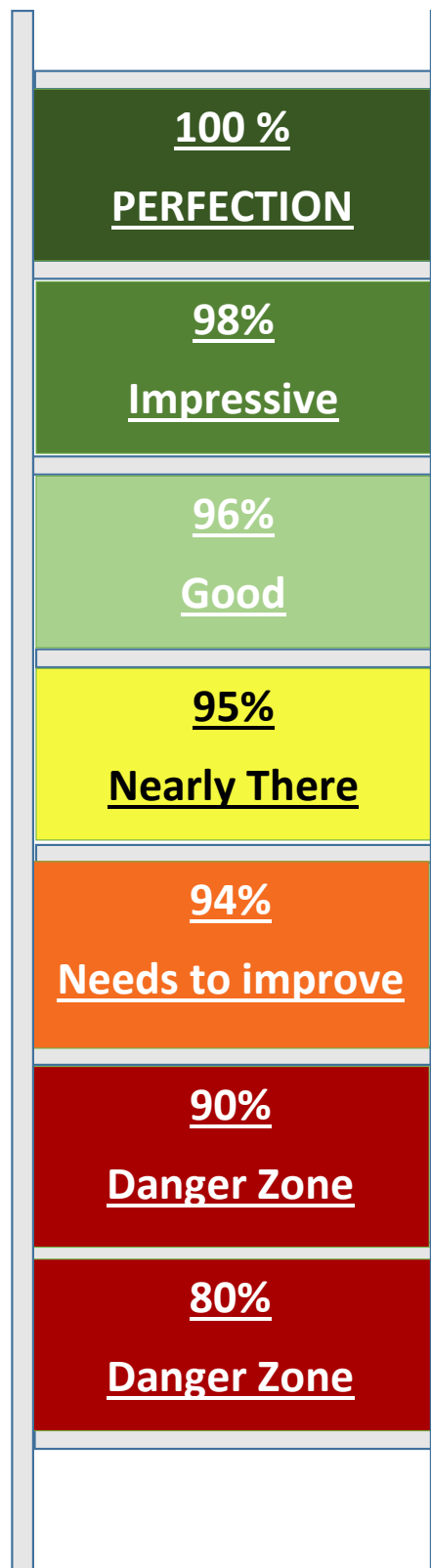
19 SCHOOL DAYS
OFF EACH YEAR



2 MONTHS
OFF EACH YEAR



**Nationally, only 35% of
students who miss between
10% - 20% of school go on to
achieve 5 GCSEs at grade 9 to 4
(A* - C)**



MULTI-ACTIVE

HOLIDAY COURSES



for 5-12 year olds

FEBRUARY

HALF TERM

17th-21st February

Venues in
Beds, Cambs,
Herts & Essex
Just £18.99 per day
10% sibling discount



HOW TO BOOK:
WWW.MULTI-ACTIVE.CO.UK
TEL:01462 351582



FEBRUARY H/T FUN

MULTI-ACTIVE

AFFORDABLE CHILDCARE

Beds & Cambs	Mon 17 th	Tue 18 th	Wed 19 th	Thur 20 th	Fri 21 st
Bedford Trinity Leisure Centre	Activity	Secret Agent	Activity	Activity	Pirate Day
Biggleswade Biggleswade Academy	Activity	Activity or Science	Activity or Puzzle	Activity or Secret Agent	Pirate Day
Huntingdon/St Ives Houghton Primary School	Activity	Activity	Activity	Secret Agent	Pirate Day
Flitwick Templefield Lower	Activity	Activity	Science Academy	Activity	Pirate Day
Luton Putteridge High School	Activity	Science Academy	Activity	Activity	Pirate Day
Peterborough Hampton Gardens School	Science Academy	Activity	Activity	Activity	Pirate Day
St Neots Priory Junior School	Activity	Activity	Secret Agent	Activity	Pirate Day
Stotfold Fairfield Lower School	Secret Agent	Activity	Activity	Activity	Pirate Day
Herts & Essex	Mon 17 th	Tue 18 th	Wed 19 th	Thur 20 th	Fri 21 st
Baldock Knights Templar Sports Centre	Secret Agent	Activity	Activity	Activity	Pirate Day
Bishops Stortford Birchwood School	Activity	Activity	Activity	Science Academy	Pirate Day
Harlow St James School	Secret Agent	Activity	Activity	Activity	Pirate Day
Hertford Hollybush Primary School	Activity	Activity	Secret Agent	Activity	Pirate Day
Hitchin The Priory School	Activity	Activity	Activity	Science Academy	Pirate Day
Kings Langley/Hemel Kings Langley Secondary School	Activity	Activity	Science Academy	Activity	Pirate Day
Letchworth Garden City Academy	Secret Agent	Activity	Activity	Activity	Pirate Day
Rickmansworth William Penn Leisure Centre	Activity	Secret Agent	Activity	Activity	Pirate Day
Royston Studlands Rise Lower	Activity	Secret Agent	Activity	Activity	Pirate Day
Stevenage Barnwell Upper School	Activity	Science Academy	Activity	Activity	Pirate Day
St Albans St Albans Girls School	Activity	Activity	Science Academy	Activity	Pirate Day
Welwyn Garden City Ridgeway Academy	Activity	Activity	Activity	Secret Agent	Pirate Day

Rickmansworth & St Albans new venue promo price of £15 per day

Swimming running daily at Bedford and Rickmansworth venues

Full pricing along with terms & conditions can be found online at www.multi-active.co.uk

HOW TO BOOK:
WWW.MULTI-ACTIVE.CO.UK
TEL:01462 351582

Price: £18.99 per day (10% sibling discount)
Child Care Vouchers & Tax Free Credits accepted.

Ages: All courses are open to children aged 4-13 years old.

Biggleswade and Flitwick venue accepts children aged 3-4 year olds all day. All other courses accept 4 year old for half days only.

Times: All courses run 9-4pm each day. Extended hours 8-5.30pm and half days also available. Biggleswade extended hours 7.30-6pm

