

WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Traditional Cottage Pie ❤️ Served with Vegetables and Gravy	Vegetarian Sausages 🌱 Served with Mashed Potato, Vegetables and Gravy
TUE	Buffalo Chicken Served with Crispy Spiced Potatoes and Ranch Dressing	Plant Ball Marinara Melt ❤️ 🌱 🐟 Served with Wholewheat Pasta and Vegetables
WED	Roast Chicken Served with Mashed Potato, Vegetables and Gravy	Vegetarian Cottage Pie 🌱 ❤️ Served with Vegetables and Gravy
THUR	Chilli Con Carne 🐟 ❤️ Served with Wholegrain Rice and Vegetables	Sweet Potato and Bean Enchilada 🌱 Served with American Slaw
FRI	Breaded Fish Served with Potato Wedges, Peas and Baked Beans	Trinidad Vegetable Rice 🌱

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad** 🌱 ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱 ❤️ 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌱
Pepper and Houmous Wrap 🌱 🌱

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chicken Shawarma Flatbread Served with Salad	Vegetarian Mexican Tortilla Pie 🌱 ❤️ Served with Wholegrain Rice and Vegetables
TUE	Beef Lasagne ❤️ 🌱 Served with Garlic and Herb Bread	Yellow Vegetable Curry 🌱 ❤️ 🌱 Served with Wholegrain Rice and Vegetables
WED	Sloppy Joe Burger Served with Baked Garlic & Herb Wedges and Salad	Louisiana Soul Bowl 🌱 ❤️ 🌱 Served with Yellow Rice and American Slaw
THUR	Sweet and Sour Chicken ❤️ 🌱 Served with Wholegrain Rice and Vegetables	Roasted Cauliflower and Chickpea Korma 🌱 🌱 ❤️ Served with Wholegrain Rice and Sweetcorn
FRI	Southern Fried Chicken Goujons Served with Potato Wedges, Peas and Baked Beans	The Veggie Dog 🌱 Served with Potato Wedges, Peas and Baked Beans

WEEKLY SPECIAL

• Moroccan Chicken Salad ❤️ •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱 ❤️ 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌱
Pepper and Houmous Wrap 🌱 🌱

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	BBQ Chicken Meatballs Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese 🌱 🌾 🍷 Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl 🍷 🌾 Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli 🌱 🍷 🌾 Served with Wholegrain Rice and Peas
WED	Roast Turkey Served with Roast Potatoes, Vegetables and Gravy	Black-eyed Bean Burger 🌱 Served with Garlic and Herb Wedges And American Slaw
THUR	Sticky Chicken and Vegetable Noodles 🍷 Served with Wholegrain Rice	Sweet and Sour Vegetables 🌱 🍷 🌾 Served with Wholegrain Rice
FRI	Breaded Fish Served with Potato Wedges, Peas and Baked Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌾 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌾
Pepper and Houmous Wrap 🌱 🌾

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito