

Kings Langley School News

Issue 3

A note from the Headteacher - Mr Fisher

The sponsored walk of 2023, walking 1100 students around 15km in the local area was a wonderful experience and a huge success on a number of levels. I had the pleasure of walking with 11C talking about their mental health, about things they were involved in outside of school, whether that be tennis competitions, horse riding, pump tracks and even swimming the channel! The event is not only about raising money for charity or picking up 52 bags of rubbish from our amazing environment but about developing the whole person, taking a day out to invest in relationships between peers and teachers to ensure we know more about each other to better support each other. After the walk I have personally been able to better support a girl in year 11 who opened up about things and already I can see how the walk has helped build trust to better understand each other. I know from speaking with staff already, tutors have further developed their knowledge of young people in their forms, which will only better support us unlock each other's potential. I know there were and could still be some sore legs and bodies after the walk but a huge thank you again to all involved, and for the leadership of Mr Annett.

School Events

Monday 25th September -

Friends of Kings Langley School meeting - 5.30 -6.30pm Thank you to those year 7 parents for your patience, who had a late pick up due to the cows in a field not co-operating!

Please can we ask that all sponsorship money is sent in either via the Just Giving Page – <u>https://www.justgiving.com/campaign/kingslangleyschool-communitywalk</u> here or through your child's form tutor if it is cash or cheque payments.















This week we also saw the launch of Tooled Up with Dr Kathy Weston to the rest of our community. Tooled Up is an evidence-based resource brought to you by founder and Head of Research, Dr Kathy Weston who holds a Masters and Doctorate in Social Science (Criminology) from the University of Cambridge and worked for many years as a policy researcher and research fellow in education. She is the co-author of two books on "Engaging Parents" (Bloomsbury, 2018; 2020) and a sought-after keynote speaker. Kathy works with a team of qualitative researchers and collaborates with eminent mental health and other professionals to **source, curate and develop resource information that can empower parents, carers or those who work with children.** All parents at Kings Langley School now have access to these resources and the website. If you have not received this, please contact our admin team and we can resend the link and code. If you missed the session this week a recording was also made, please try to engage with this, I am sure this additional resource the school are offering will support you with your child to unlock their potential.

Finally, this week I would like to promote and praise the Watford Ocean Warriors Junior Channel Relay who are raising money for Peace Hospice Care.

This September Six of Watford Swimming Club's most courageous swimmers will be battling tides and jellyfish to reach France. This includes students at Kings Langley School!

These swimmers have been training hard in lakes and the sea through all weathers to prepare for this huge challenge. Channel swimming rules stipulate that only a standard costume, one swim hat and goggles may be worn. Wetsuits are not allowed. The water will range from only 16C to 18C, so to acclimatise they've been taking cold showers and

swimming long sessions in cold water.

The swimmers are: Felipe, Barney, Prisha, Megan, Sam and Will.

If our community would like to contribute to this great cause and challenge please click on the Just Giving Page link below.



Jeremy Irvine is fundraising for Peace Hospice Care (justgiving.com)







Students of the Week w/c 18th September

Drama	Harry 9D	
Excellent work on the duologues we have been exploring. Commitment and creativity to character and		
the scene.		
English	Amelia 11J	
Consistently showing great engagement in lessons and displaying tenacity through challenging tasks.		
Food Technology	Ellie 10J	
Fantastic cake made in her first year 10 GCSE lesson.		
Geography	Terri 12MOY	
Fantastic research conducted on the impacts of globalisation.		
Graphics	Sophie 11A	
Excellent design development work.		
Library	Harriet 8J	
A diligent, patient, and conscientious worker at the library desk.		
Mathematics	Kalilah 13	
Continuous positive contributions in every single maths lesson.		
Modern Foreign Languages	Emily 8G	
Works really hard in lessons and applies her knowledge to the whole curriculum.		
Music	Betsy 9A	
Great stickability in music this week.		
PHSE	Ethan 7D	
For producing excellent written work in his first PSHE lesson. Well done, Ethan, keep it up!		
Physical Education	Elliot 10C	
An outstanding start to his GCSE PE studies.		

Psychology	Izabela 12MOY
For aspirational communication in class and answers which reflect a solid content knowledge. Great start to 6 th form, well done!	
Philosophy, Religion, Ethics	Zahra 11A
Excellent effort with exam questions, keep up the hard work.	
Sociology	Harry 13SCO
For excellent engagement in lessons and considered answers to questions demonstrating good content knowledge. Well done!	
Textiles	Finley 7D
Outstanding homework and use of homework in lessons.	
Year 7 Head of Year	Billie-Ivory 7A
Exceptional display of stickability over the last two weeks.	
Year 11 Head of Year	Nomaan 11G
Selfless behaviour on the charity walk.	
Key Stage 5 Head of Year	Jessica 13SCO
For her positive attitude to her studies.	

Well done to all of our students who have

Best at Bedrock! Week 3

All of these names have been placed into a prize draw which will be drawn at the end of the term.

Highest points earned in each year group

- Kayla- 7P (114 points)
- Sastika- 8A (183 points)
- Adam- 9P (65 points)
- Pooja- 10P (55 points)
- Esme- 11J (52 points)

Highest progress made in each year group

- Kayla- 7P (66%)
- Manase- 8G (419%)
- Oliver- 9C (89%)
- Benjamin- 10P (226%)
- Ryan- 11G (185)



Drama News

The start of the school year has brought the eagerly awaited auditions for this year's musical: MATILDA! With over 50 students auditioning over 2 sessions with so much talent on show, it is going to be a devil to cast and will be fantastic show to come and see! All students started with a song and dance routine to warm themselves up and then those hoping to clinch a lead role stayed on to audition using a short scene and a solo song. We were all bowled over by the commitment, confidence and creativity of those who auditioned, and as always particularly impressed with the way they supported one another: A great demonstration of stickability, self regulation and empathy. Well done to all who attended, and remember to diary the 14th and 15th December for the performances. We will see you there!





MFL News

Lyon 2023 – by Zach 9D

The French trip to Lyon was amazing and fun, and I would definitely do it again. It was amazing because we had a lot of fun activities planned by the fantastic organiser who was Mr Hashman.

On the first day, we went to a crêperie in Villeurbanne after the long journey of travelling. We had a wide variation of crêpes to choose from and they were delicious.

On the second day, we travelled out to view the extraordinary scenes of Lyon, we also later in the day got to do a few rounds of bowling which was fun. As well as that we also got to see a museum that was full of original props from movies. There were many there that anyone could identify.

Thirdly, we went to a ginormous park to rest, in there we were also allowed to go to the zoo, but I didn't (not enough time). However, we did get to play a round of mini golf.

Lastly, we went out to look at Lyon one last time and went to the biggest shopping centre in France, where we were allowed to go off to look around and buy something.

This trip was a lot of fun and I would encourage anyone to go if they can. Thank you to all the staff that helped out.









Sports News



Trampolining

Congratulations to Alex (10P) who competed in the recent British Trampoline Championships and came 19th in the 13-16 Category in a very tough field. Competing on such a big stage is never easy, so to complete two clean routines, even with a cold, is a great achievement.

Alex is now having a bit of a rest before travelling to Sheffield in October for the League Finals.



STEM Challenge

The water level in a reservoir is low, but doubles every day. It takes 60 days to fill the reservoir. How long does it take for the reservoir to become half full?

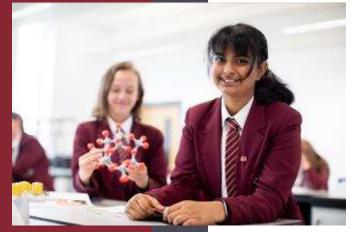
Answer next week.

Last weeks answer:

Until I am measured, I am not know. Yet you miss me when I have flown. What am I?

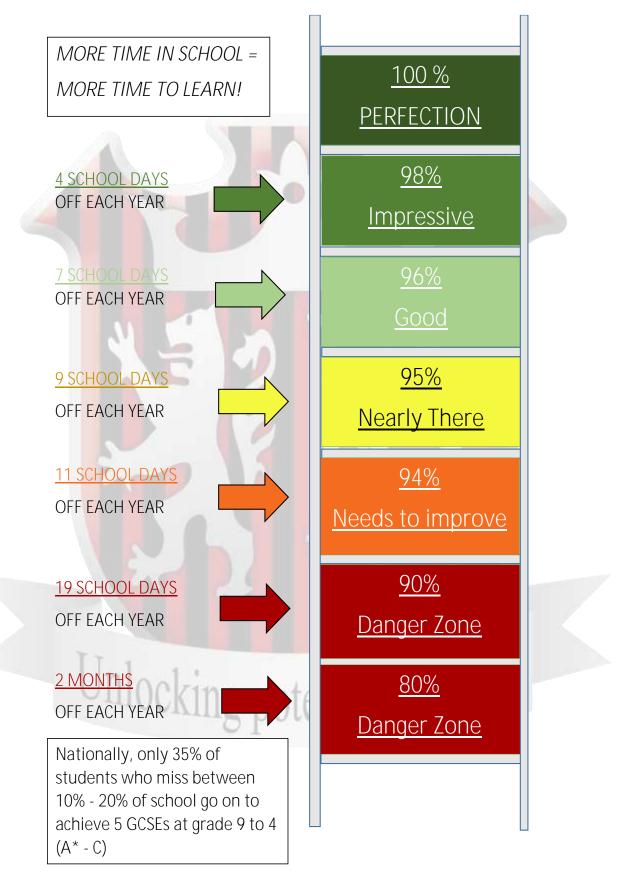
Answer: Time







Attendance Ladder





This weeks jackpot winning numbers are:

935711

One of your supporters won £33.00 in the draw!

This week's results are in!

Remember to check your email to see if you've won!

If you haven't signed up yet visit our lottery here - <u>https://</u> www.yourschoollottery.co.uk/lottery/school/kings-langleysecondary-school

Have a great weekend everyone!

Unlocking potential for life

Has Your Child Struggled With Their Mental Health? Ever Thought Of Using Your Experience To Help Other Parents & Carers?

A free one-hour information session led by lived experience parent carer peer support workers will explore how you could use your experiences to help other parents and carers whose children have mental health difficulties. Please join us to find out more and ask any questions you might have...

Wednesday 27 September, 12:30 - 13:30

Thursday 5 October, 12:30 - 13:30

For more information and to book:

https://www.charliewaller.org/parent-carer-peersupport/events-for-parents-and-carers



The Basics of Parent Carer Peer Support

A free four-hour session led by lived experience parent carer peer support workers and staff from children and young people's mental health services. This looks at aspects of parent carer peer support to help you think about whether this is something you might like to do.

You will receive a certificate from the Charlie Waller Trust on completion of the session



Fri 13 October & Mon 16 October, 10.30-12.30

Thurs 19 October, 10.30-14:30

Note: The training is run over two days on 13 and 16 October, 10.30-12.30, and on one day on 19 October, 10.30-14.30.

For more information and to book: https://www.charliewaller.org/parent-carer-peersupport/events-for-parents-and-carers

Full Parent Carer Peer Support Course

We will be offering our full parent carer peer support (PCPS) course starting in January 2024. This online training is free to attend and is available for both new and experienced PCPS Workers and will lead to a University certificate.

"I cannot begin to describe how proud I am to be helping and supporting families who are struggling just like I had. I've came full circle from needing support to supporting others and along the way I found me again".

If you are interested in the full course, please tell us now. It doesn't commit you to anything but helps us ensure there are enough places to meet demand.

Find out more or register your interest: https://www.charliewaller.org/parent-carer-peersupport/pcps-training



Parent Carer Peer Support in Children + Young People's Mental Health

Harnessing the power of parent carer lived experience in your local CYPMH offer

Parent carer peer support (PCPS) workers with lived experience of supporting a child or young person with a mental health difficulty have a lot to offer – including providing safe, non-judgmental spaces for other parents and carers to support and learn from each other. They can rapidly help boost your capacity, building on partnership work with voluntary sector organisations and encouraging mutual aid. CYPMH is catching up with AMH in recognising the importance and value of lived experience expertise – are you thinking about making this part of your local offer? Whether you are from a service or a commissioner you are welcome at any or all of our free online sessions to find out more about how parent carer peer support could help your local families and services this autumn and winter. We hope to see you there !

Introduction to Parent Carer Peer Support

A one-hour CPD introductory information session led by lived experience parent carer peer support workers and professionals. Please join us to find out more and ask any questions you might have...

Wednesday 27 September, 9:30 - 10:30

Thursday 5 October, 9:30 - 10:30

For more information and to book: https://www.charliewaller.org/parent-carer-peersupport/events-for-services-and-commissioners





The Basics of Parent Carer Peer Support

A free CPD three-hour session led by lived experience parent carer peer support workers and staff from children and young people's mental health services. We will explore aspects of parent carer peer support to help you consider how this might work for your service.

Wednesday 18 October, 9.30-12:30

For more information and to book: https://www.charliewaller.org/parent-carer-peersupport/events-for-services-and-commissioners

Full Parent Carer Peer Support Course

We will be offering our full parent carer peer support (PCPS) course starting in January 2024. This online training is free to attend and is available for both new and experienced PCPS Workers, will lead to a University certificate and includes supervisor training.

If your service is interested in the full course, please tell us now. It doesn't commit you to anything but helps us ensure there are enough places to meet demand.

Find out more or register your interest: https://www.charliewaller.org/parent-carer-peer-

support/pcps-training





- Join the lottery to support our school
- Win weekly cash prizes up to £25,000
- Free entry into the bonus Super Draw

BUY TICKETS:

Go to: www.yourschoollottery.co.uk And search for: Kings Langley



GambleAware





Family Quiz Night

Saturday 7th October 7pm for 7:30pm start



Maximum of 8 people per team

Tickets available via SCOPAY or use the QR code. BYO refreshments







Kings Langley School Unlocking Potential for Life





Advertisements & Opportunities

Please contact admin@kls.herts.sch.uk to advertise here

