



# Kings Langley School News

Issue 10

## A note from Mrs Pocklington - Our Mental Health Lead

### Update on Wellbeing and Mental Health Student Support at Kings Langley School

Positive emotional wellbeing and mental wellness are crucial in enabling students to feel happy and fulfilled within themselves as individuals. Students who enjoy positive mental health and wellbeing are better able to cope with the normal stresses of life, work productively and fruitfully fulfil their own potential and make a contribution to their wider community. At Kings Langley School, we aim to work positively and proactively with students and their families to support them in achieving this. Please refer to the student wellbeing page on the school website for further information on how we are currently working to promote and support positive wellbeing and mental health within our school.

<https://www.kls.herts.sch.uk/student-wellbeing/>

### School events next week

**Wednesday 23rd November**

Show Racism the Red Card  
wear red day

Into KS5 Evening—6.30 -  
8pm Hall

**Thursday 25th November -  
Inset Day - School Closed for  
Students**

**Friday 26th November -  
Occasional Day - School  
Closed for Staff & Students**



## Introducing the Mental Health Support Team:

The Mental Health Support Team (MHST) is a pilot scheme commissioned by the Government in conjunction with the NHS to work in educational settings across Hertfordshire to support children/young people/parents and carers with their emotional wellbeing. We are proud to be one of the schools selected to participate in this pilot. A trainee Mental Health Practitioner will be working in collaboration with school staff to help our students to succeed and achieve their full potential by providing a range of services.

Interventions offered by the MHST are evidence based and tailored to the individual needs of each setting. The MHST use a combination of cognitive behavioural therapy (CBT) strategies and guided self-help for mild to moderate mental health to support children and young people.

We were delighted to welcome our trainee Miss Hammond early in November, who will be joining us one day a week to complement further our existing in-school provision.

Whilst she is training, and for the remainder of this academic year we will be making referrals for this support **internally** as her capacity will be extremely limited. Parents who have already sought input from their GP and are interested in referring their child for emotional support from the school should continue to liaise with the appropriate Key Stage office in the first instance to discuss the support that school may be able to offer.

### GOVOX:

We have also recently signed up to trial an online wellbeing platform called GOVOX, which offers all of our students the opportunity to complete a periodic wellbeing survey.

Students are invited to check in on a digital device and answer a series of short, friendly questions. This takes less than two minutes and is simple to engage with.

Check-in results on the GOVOX wellbeing dashboard instantly highlights to school staff those who may benefit from some support, enabling our pastoral teams to initiate the conversations that matter.

After each check in, the participant will receive their own personal wellbeing report, which offers proven wellbeing techniques tailored to their specific answers.

The GOVOX platform provides the end user (whether a student or staff member), with actionable insights and resources, whilst teachers and staff are given knowledge and tools to connect and offer appropriate wellbeing support.

# Headteacher Commendations

Congratulations to the following students for their outstanding start in Year 7. As a reward they had celebration breakfast with Mr Fisher, Mr Bilton and Mrs Harris.



Lillia (7J) – For outstanding art work

Olivia (7A) – For excellent application to learning and for being runner up in the Poppy Design Competition

Freya (7T) – For achieving 973 points of Bedrock since 1 November

Evan (7P) – For achieving 142 points on Bedrock since 1 November



# Best at Bedrock! Week 10

All of these names have been placed into a prize draw which will be drawn at the end of the term.

## Highest points earned in each year group

- Sastika- 7A (207 points)
- **Adam- 8P (222 points)**
- Oscar- 9P (131 points)
- Alan- 10G (80 points)
- Charlie- 11J (93 points)

## Highest progress made in each year group

- James- 7A (182%)
- **Hannah- 8D (488%)**
- Sousan- 9D (71%)
- Zahra- 10A (250%)
- Freddie- 11P (555%)



Confident voices, strong literacy





# Recognition

*Being noticed for doing something positive or achieving something*

## Students of the Week w/c 14th Nov

<b>Drama</b>	Katie 9C
Preparing for assessment and learning lines so early on.	
<b>English</b>	Isaac 7C
Applying new vocabulary in written work and class discussion. Asking aspirational questions regarding etymology.	
<b>Food Technology</b>	Shannon 11D
For her effort with NEAs	
<b>Politics</b>	George 13HOU
Attendance at additional Politics lessons to support ongoing revision, showing initiative and commitment.	
<b>Modern Foreign Languages</b>	Lyra 7T
Always going the extra mile.	
<b>Music</b>	Luke 8C
Great focus and determination in music this week.	
<b>Philosophy, Religion, Ethics</b>	George 8A
Well done on producing a fantastic essay. Points are explained with examples to demonstrate understanding.	
<b>Textiles</b>	Katie 11P
Effort with NEA	
<b>Year 7 Head of Year</b>	Eliana 7J
Beautifully written essay in her PRE exam.	
<b>Key Stage 5 Head of Year</b>	Simrit 13MCG, Matt 13MCG,
Taking care of the school environment.	

**Well done to all of our students who have achieved 'student of the week'.**

# Poppy Competition



## WINNERS

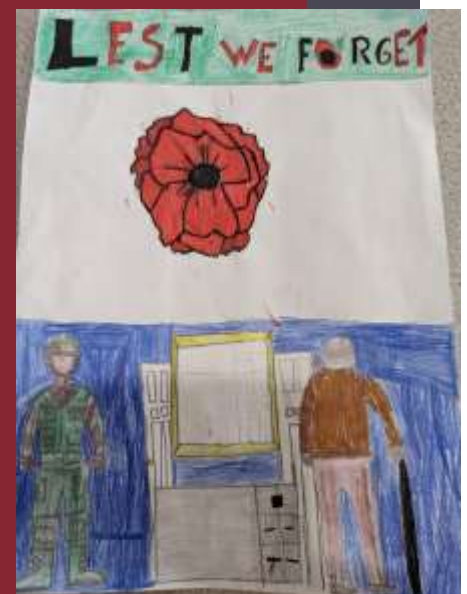
Inaara 9D - 1<sup>st</sup> place in the Poppy competition (least we forget box with model cross/poppies)

Jack 7A- 2nd place (selection of models- planes, medal and poppy)

Aya 8D- 3rd place (Field of poppy poster with veteran)

## RUNNERS UP:

Olivia 7A, Pheobe 7A, and Cameron 7T



# A-Level Photography

Students in Yr12 A-Level photography conducted a photoshoot in the style of photographer Bruno Metra, where cuttings of celebrity faces are taken from magazines and then taped over a model's face.

In a world where people are obsessed with social media and the fact that the idea of beauty is imposed on us by imagery which is constantly presented to us, this photoshoot challenges the notion of beauty.

As part of STEM fortnight, this photoshoot prompted students to consider whether the development of digital technology is always used in a positive way? Does the increase use of digital manipulation and editing, take away an aspect of social acceptance of individuality if we are forced to conform to aesthetic standards promoted on social media?



Photographer—Woody

Photographer—Ruby





Photographer—Todd



Photographer—Lucy







### Photographer—Louis

A-Level photography as a subject, enjoys the benefit of a wide range of technology, whether this is digital cameras, specialist photography studio equipment, or digital software packages such as Adobe Creative Cloud.

Our A-Level course provides students with the opportunity to use industry standard and industry quality equipment to prepare them for the technology used in today's world.

Photography as a subject provides our young adults with the ability to use technology to explore themselves and the world around them, creating images that make an impression on others.



## Show Racism the Red Card

Wear red day is an annual event set up by the anti-racism charity 'Show racism the red card'.

On this day, schools, football clubs, social groups, offices and workplaces across the country all wear red to show a united front against racism.

The organisation works hard to tackle issues related to racism and days like this help to keep the issue at the forefront of people's minds.

At Kings Langley school, we are going to celebrate wear red day on **Wednesday 23<sup>rd</sup> November**.

On this day, we would like all staff and students across the school to wear at least one item of red clothing to support the event and bring a **£1 donation** which will be going to support victims of the Pakistan floods. <https://www.dec.org.uk/appeal/pakistan-floods-appeal>.

This is very similar to last year, and the event was a massive success. This year, we hope to go even bigger!

Wearing something red will not directly stop racism or racist related behaviour. However, by supporting this cause the school community would be showing a united front against racism, (similar to the way some people choose to wear badges /broaches to support various charities).



Wear Red day is significant to us at Kings Langley because :

- It demonstrates that we have a zero tolerance policy towards racism of any kind.
- It exhibits that all members of our school community, regardless of background or ethnicity, accept the responsibility to challenge all forms of racism.

Everyone in school is being asked to wear one item of red clothing as part of their uniform. This could be a red t-shirt / red jumper / red jogging bottoms. The more red the better!

If you would like to participate in the event we would like you to **bring in £1** which will be going to support victims of the Pakistan floods. <https://www.dec.org.uk/appeal/pakistan-floods-appeal>

The anti-racism champions will be coming around in form time on Wednesday morning to collect the money.



# Star Baker



## Eva 10D

For her low sugar cookies.



# Textiles of the week



Katie 7P



Marta 7J

# *Into the Sixth Form Open Evening*

WEDNESDAY 23RD NOVEMBER 6.30pm - 8.30pm



- ◆ Find out about the courses we offer
- ◆ Learn about A-Level subjects
- ◆ Speak to subject specialists
- ◆ Find out about our new sixth form building which will be ready for 23rd September.
- ◆ Speak to current students of the sixth form
- ◆ Hear about the successes and destinations of past students of the sixth form
- ◆ Find out why KLS Sixth Form can further unlock your potential and take you towards your career aspirations

The Head of Sixth Form talk will start at 7.15pm.

If you would like any information about the evening or about sixth form, please email [6form@kls.herts.sch.uk](mailto:6form@kls.herts.sch.uk) or speak to Mr Tubb, Principal Assistant Head & Head of Sixth Form

# POST-18 OPTIONS SUPPORT PROGRAMME

***STARTS WEDNESDAY 2ND NOVEMBER***

**Session 1 (period 5)** - Considering your opportunities at Post-18 and how to become the best applicant (degree apprenticeships, UCAS, Oxbridge, careers, etc.

**Session 2 (period 6)** - Oxbridge interview preparation activities

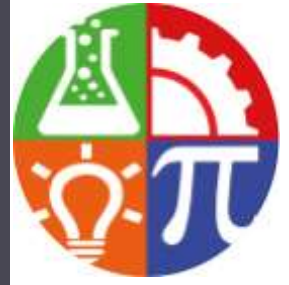
**3.15pm-3.45pm**—UCAS drop-in surgery

## EVERY WEDNESDAY IN THE SIXTH FORM STUDY AREA

**DELIVERED BY AN EXTERNAL PROVIDER**

**WITH VAST EXPERIENCE & PROVEN RECORD OF SUCCESS**

# STEM Challenge



**This week's challenge: Answer next week.**

Four cars come to a four-way stop, all coming from a different



direction. They can't decide who got there first, so they all go forward at the same time. They do not crash into each other, but all four cars go. How is this possible?

**Answer next week.**

**Last weeks Answer:**

Four people arrive at a river with a narrow bridge that can only hold two people at a time. It's night time and they have one torch that has to be used when crossing the bridge. Person A can cross the bridge in one minute, B in two minutes, C in five minutes, and D in eight minutes. When two people cross the bridge together, they must move at the slower person's pace. Can they all get across the bridge in 15 minutes or less?

*Answer: Yes, they can cross in exactly*

*15 minutes. The group of four must follow these three steps:*

- 1. First, A and B cross the bridge and A brings the light back. This takes 3 minutes.*
- 2. Next, C and D cross and B brings the light back. This takes another 10 minutes.*
- 3. Finally, A and B cross again. This takes another 2 minutes.*







**INVESTIN**  
IMMERSIVE CAREER EXPERIENCES  
★ Trustpilot  4.5/5

# THE YOUNG PHOTOGRAPHER CHALLENGE

**CHARITY COMPETITION FOR WORLD KINDNESS DAY**

*"What wisdom can you find that is greater than kindness?"  
Jean-Jacques Rousseau*

In honour of World Kindness Day, we invite students aged 12-18 to enter our competition, The Young Photographer Challenge. Students should submit a photograph they have taken of an act of kindness, along with a short caption explaining what's happening. Creativity is highly encouraged!

**The competition is free to enter and for each submission we shall make a donation to Mind, the mental health charity. The deadline for entries is 5pm on 2nd December.**

The winner will receive a free place on one of our weekend career masterclass programmes and all shortlisted entries will be shared on our social media channels.

 **ENTER THE COMPETITION**

*Why not take clothes to a charity shop; cook dinner for your family; help an elderly neighbour; send an appreciative message to a friend!*

**Need some inspiration?**



 [www.investin.org](http://www.investin.org)  [info@investin.org](mailto:info@investin.org)  +44 (0)203 488 5089

To enter this competition go to:

[https://investin.org/blogs/news/world-kindness-days-investin-s-young-photographer-competition?utm\\_source=UK+SCHOOLS+MASTER&utm\\_campaign=c4e2606b29-bankersschoolmar\\_COPY\\_06&utm\\_medium=email&utm\\_term=0\\_bfccb03bbd-c4e2606b29-138326751&mc\\_cid=c4e2606b29&mc\\_eid=cf67f8908d](https://investin.org/blogs/news/world-kindness-days-investin-s-young-photographer-competition?utm_source=UK+SCHOOLS+MASTER&utm_campaign=c4e2606b29-bankersschoolmar_COPY_06&utm_medium=email&utm_term=0_bfccb03bbd-c4e2606b29-138326751&mc_cid=c4e2606b29&mc_eid=cf67f8908d)

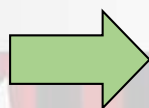
# Attendance Ladder

*MORE TIME IN SCHOOL =  
MORE TIME TO LEARN!*

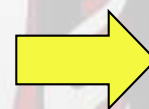
4 SCHOOL DAYS  
OFF EACH YEAR



7 SCHOOL DAYS  
OFF EACH YEAR



9 SCHOOL DAYS  
OFF EACH YEAR



11 SCHOOL DAYS  
OFF EACH YEAR



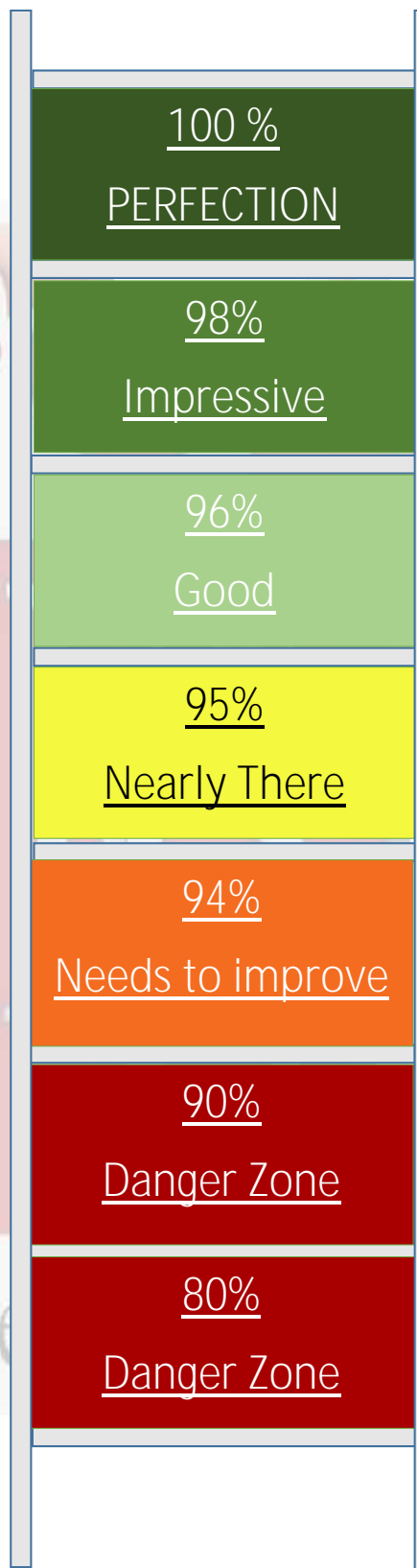
19 SCHOOL DAYS  
OFF EACH YEAR



2 MONTHS  
OFF EACH YEAR



Nationally, only 35% of students who miss between 10% - 20% of school go on to achieve 5 GCSEs at grade 9 to 4 (A\* - C)





# House Competition Christmas Cakes



## Competition:

Are you a STAR Baker. Design and make a Christmas cake or set of cakes.

You may choose any style and size of cake with any form of decoration

## Competition details:

Students should **bring in** their completed cakes on **Monday 5<sup>th</sup> December** to Miss Scanlan in G205 Food room by 8:30am. Your cake will need to have a label to go next to it with your name and form.

Several prizes are up for grabs as well as house points for entering. Cakes will be judged by Mrs Borrowdale and Miss Scanlan during the day ( 5<sup>th</sup> December) and then in the evening at the School Christmas Market.

You will be able to take your cake home at 8pm on the evening of the 5<sup>th</sup> December from the Christmas Market.



## Win 2.4Kg of Celebrations



All you need to do to win the 2.4Kg of celebrations is to bring the most people to the Christmas Market on Monday 5<sup>th</sup> December 5:30pm to 8:30pm



Unlocking potential for life



MUSIC DEPARTMENT

# Headphones needed!

Donate your old headphones to the music department!

## KEY FEATURES

- ✓ WIRED HEADPHONES
- ✓ OVER-EAR HEADPHONES
- ✓ NO BROKEN WIRES
- ✓ 3.5 MM ROUND JACK
- ✓ NO WIRELESS HEADPHONES

PLEASE BRING TO MISS SARGESON OR MRS HARRIS IN THE MUSIC DEPARTMENT



Unlocking potential for life

CHRISTMAS CONCERT 2022

# ***Solos and Student Bands***

**AUDITIONS OPEN!**



**Day 1: Thursday 17th November**

**Day 2: Thursday 1st December**


**In F214 at lunchtimes**

## Black Friday is Looming

and who doesn't like a bargain on Amazon 😊 !

You can raise funds for the school without leaving your sofa:

There are two ways to raise funds through your Amazon shopping:

*From the Schools Website use the Amazon Link:  Click on the Amazon Logo under Quick Links to access your amazon account. 5% of your purchase will be donated to Kings Langley School. (on selected purchases)*

*or*

*Amazon Smile will donate 0.5% of selected purchases to your chosen charity. You can chose Kings Langley School as your chosen charity on Amazon Smile. See below:*

- Search for smile.amazon.co.uk
- Log in with your usual amazon account ID and Password. (You should now be in your usual amazon account)
- Click on Smile Amazon (top left corner) to choose your charity.
- Find Kings Langley School and select.

Unlocking potential for life



## Parliament Week Poster Competition

### Win a trip to the Houses of Parliament!

#### The competition:

Produce a poster that encourages young people to:

- vote in UK elections.
- get involved in UK or Global Politics.

#### Open to:

Years 7 to 10 and Year 12

#### Submit your entry by:

Friday 2<sup>nd</sup> December

#### Submit your entry to:

Miss Hardingham, G108 [or via your Form Tutor]

#### Success criteria - Your poster can:

- Be any size
- Use any form of media or artwork – hand-drawn, images, digital art, painted [the more creative the better]
- Use a variety of key terms showing your knowledge of UK politics
- Encourage young people to engage in Politics

#### For more information:

Please feel free to ask Miss Hardingham for a free copy of this booklet:

<https://learning.parliament.uk/en/resources/get-to-know-your-uk-parliament-11-14-booklet/>

Or you can visit the UK Parliament learning website here:

- A virtual tour: <https://learning.parliament.uk/en/resources/360-tour/>

- Video: <https://www.youtube.com/watch?v=RAMblz3Y2JA>

A large, faint watermark of a school crest is visible in the background. The crest features a shield with a cross and four quadrants, topped with a crown. Below the crest is a white banner with the text "Unlocking potential for life" in a serif font.

Unlocking potential for life



**UK  
PARLIAMENT  
WEEK** 14-20 NOV 2022



## Parliament Week Inter-House Quiz

**Friday 18<sup>th</sup> November**

**G108**

**12.50pm-13.25pm [Lunch time]**

### **Teams:**

There will be 7 teams – A, C, D, G, J, P, T

Please nominate at least one member of your tutor group to represent your house.

The winning house will gain points towards their house team, which are added together at the end of the year and announced at Sports Day.

### **The quiz:**

Round 1: General parliamentary knowledge

Round 2: Guess who – name the politician

Round 3: Parliament in numbers

Round 4: Parliamentary history

### **For more information about the UK Parliament:**

Please feel free to ask Miss Hardingham for a free copy of this booklet:

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Children welcome -  
a festive event for all  
the family



**KINGS LANGLEY SCHOOL**

Invite you to join us at  
our forthcoming

# **CHRISTMAS MARKET**

*Monday 5th December 2022*

*6pm - 8.30pm*

*A variety of stalls offering everything from fashion accessories, candles, a wide range of jewellery, cosmetics, handmade cards, gifts, plants and home accessories, unique artwork, hand made bunting, shabby chic, sweets, decorations, books, children's crafts, pocket money items, refreshments, raffle and much more...*

*£1 entry, children under 10 free*

*Kings Langley School, Love Lane,  
Kings Langley,  
Herts, WD4 9HN*



**ALL SAINTS' PARISH CHURCH, KINGS LANGLEY**

# **CHRISTMAS TREE FESTIVAL**

**9th-11th DECEMBER**

**Friday 4-6.30pm Saturday 10am-5pm  
Sunday 11am-4pm**

**Come and visit the historic church  
full of magical trees and twinkling lights!**

**Refreshments including  
mulled wine and mince pies**

**Proceeds to local charities and the mission of All Saints**

**[www.beneficeoflangelei.co.uk/allsaints](http://www.beneficeoflangelei.co.uk/allsaints)**

**f allsaintskingslangley**

**All  
Saints**  
Kings Langley