

# Kings Langley School News

Issue 31

#### A note from the Headteacher

Thank you to all the parents who have written in over the last week to thank staff for giving up their time and efforts to support their child. On Monday, I had the pleasure of talking with our year 10 cohort who were out on their DofE expeditions in the heat. All students completed the expedition, and all students were full of praise for the staff who supported them throughout. No sun stroke but a few blisters were on show on Monday morning. We also have held assemblies to promote this opportunity to Key Stage 3 students and we hope many of them take up the opportunity of completing their bronze award before moving through to gold.



#### **School Events**

#### **Monday 19th June**

Y9 Romeo & Juliet Theatre trip - 5.30pm

#### Wednesday 21st June

STEM & Careers Fair evening event - 4.30 - 7.30pm

#### **Thursday 22nd June**

Y7 Shakespeare workshop - all day

Lyon trip parent meeting - 7pm Hall

Mamma Mia Theatre trip - 5pm - 11pm



Over the last 10 days we have held two county league athletics meets after school with a weekend of athletics supported and well led by our PE team. We had the biggest haul of medals across our school for several years highlighting the talent in our school and the support and time invested by staff and parents into these young people. A particular mention to the following: Zayne (7D), Zach (8D), Oliver (11P), Evie (11G), Marcus (12SHH), and James (13MCG) who performed superbly against the very best



athletes from Hertfordshire. In what turned out to be the best set of results the school has achieved at this stage, Zayne came away with a bronze medal in the 100m, Oliver a bronze and a new school



record in the 800m, Evie a bronze in the 100m, Marcus a silver and a new school record in the 400m, and James a silver in the triple jump.







This week we also start our final STEM fortnight of the year and Healthy Eating Week promotion. Ms Scanlan has been busy building up to the STEM fair and Mr Annett has been hosting assemblies to promote healthy lifestyles and has set up a challenge to support our community which will start the week of sports day.

With a national decline in general physical, mental and social wellbeing amongst school children, the importance of finding small marginal gains to help improve our overall health are as important as ever. One way in which KLS is working towards improving our students' physical wellbeing is by holding a 'Walk to School Week' in July. During the week beginning Monday 10<sup>th</sup> July, our students, where possible, will be encouraged to safely walk to school instead of using a motorised form of transport. Our parents will also be encouraged not to drive onto the school grounds to encourage their children to increase their levels of physical activity. The week will culminate in School sports day on Friday 14<sup>th</sup> July, Mr Annett will be sending further information to parents in the coming weeks.

STEM fortnight this term is about STEM independence. Students have been given the opportunity to complete any or all of 6 possible competition STEM challenges which they can present at next week's STEM fair, in the main hall on Wednesday 21<sup>st</sup> June. Information about the challenges can be seen in the advert later in this newsletter. During the fair there are a number of STEM activities to take part in, students and parents of participating students are welcome to attend the event. Industry STEM judges from our careers fair which is also taking place on Wednesday in the school gym will speak to the students to discuss their STEM challenges and decide on the winners for each category and the overall KLS STEM champion, awarding them the STEM trophy and prizes. The STEM fair is an exciting fun filled evening and I would encourage students to demonstrate their creativity and inventiveness by entering into the competitions and attend the event. I am looking forward to seeing the entries.

Students will also experience STEM activities in a range of subjects across the fortnight, where they can demonstrate a range of skills utilising numeracy, creativity, scientific principles and innovation. Students who write up their experiences during this fortnight and email them to Ms Scanlan (scanlanc@kls.herts.sch.uk) for the STEM magazine can have this work contribute to achieving their STEM bronze or silver awards and gain the STEM badges.





Kings Langley School KS3 STEM Fair challenges Wednesday 21st June 2023 4.30pm to 8pm

#### Competitions

You can enter one or more than one challenge Enter as an individual or as a group

<u>Competition Challenge 1: STEM INVENTION</u> Create a challenge of your own invention- build your model and bring to the fair with a presentation board to explain your invention

<u>Competition Challenge 2: LEGO Master</u> design challenge- Build a model in Lego that represents an aspect of STEM

<u>Competition Challenge 3: Food</u> Create a decorated cake or set of cupcakes with a STEM theme of your choice- present the cakes and or photograph of the cake and a copy of the recipe sheet.

<u>Competition challenge 4: DT</u> recycled item challenge- design and make challenge-create something new out of something old or items you would usually throw away.

Competition Challenge 5: ART create a STEM Sculpture



- Ask your form tutor for details/letter
- Look in collect work from teachers folder, technology and computing, STEM Fair folder
- Speak to Miss Scanlan

#### **Hot Weather:**

It has been lovely to see the sun out this week but as mentioned, in previous newsletters we need to form good habits and work with our young people each week to offer a comfortable school experience. We will take a stepped approach to this and as mentioned at the start of the week we have already relaxed the rules around blazers, the next step will be to remove ties and finally if we see the extremes like last year, we will move to PE kit. Please can I ask all parents to check your child has a complete PE kit for this reason, have a refillable water bottle to use throughout the day, sun cream and a hat. We have several cooler areas in the school and for those who suffer from hay fever the school hall and quiet classrooms with Mr Bilton, Mr Ali and Mr Trenoweth are all good options to give students a break.

How to stay safe in the sun | British Skin Foundation

Heatwave: how to cope in hot weather - NHS (www.nhs.uk)



### How to stay safe in the sun

www.britishskinfoundation.org.uk



## **Headteacher's Commendations**



Congratulations to the following students for winning the Y9 football District Plate: Elijah 9A, Luke 9G, Will 9J, Rylie 9D, Harrison 9A, Seb 9G, Logan 9A, Myles 9C, Kian 9C, Henry 9D, Taylor 9G, George 9G, Sam 9G, Tom 9C, and Charlie 9A.



Congratulations to the following students for their Bedrock awards: Year 7- Freya 7T, Year 8- Sophie 8D, Year 9- Ruby 9D, and Year 10-Babarafunmi 10C

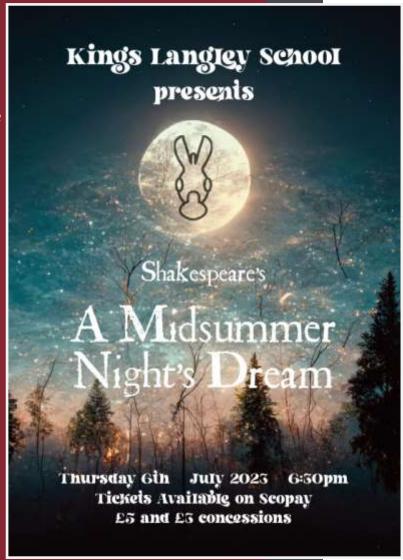


## **Drama News**

#### A Midsummer Madness!

With time ticking away, the cast and crew of A Midsummer Night's Dream are working hard to put together a wonderful performance for the whole family. Tickets went on sale this week via Scopay, and once again we were busy rehearsing. The final parts are now coming together with costumes, props, bits of set and fairy wings all starting to make the long awaited appearance. Our fabulous poster designed by Harriet Booth as part of the STEM competition earlier in the year is now around school. So, what are you waiting for? Get onto Scopay and book your tickets now! We would love to have you join us for a little bit of 80s summer madness!

Mrs Carr



## **Friends of Kings Langley School News**

May we take this opportunity to appeal for donations from our departing Year 11 students, as their exam season draws to a close. Please donate your washed and wearable school uniform and PE kit to us for our future Friends of Kings Langley School sales. If you possess any uniform or PE kit that isn't good enough to sell on, then please do donate the items of clothing and footwear to the textile bank by the school gate, as we make money from these donations as well.

Ms Chabrel on behalf of Friends of Kings Langley School



# **Sports News**



Congratulations to Brendon 8P and his football team who became U14s National Champions on Sunday 11th June.

32 qualifying teams across the county came together in Nottingham to compete. Colney Heath FC from St Albans gained the victory!



## **Music News**

#### **London Community Gospel Choir Concert**

An opportunity has arisen in partnership with the Hertfordshire Music Service to perform a concert with the London Community Gospel Choir. It is a great honour to have been invited to host this, and a fantastic opportunity for our young musicians to work alongside an exciting and inspiring musical group. There are 30 places available and the event is open to Year 7, 8 and 9 students. Participation involves:

**Friday 7**<sup>th</sup> **July 10am-1pm** an in-school workshop with members of the London Community Gospel Choir.

Thursday 13<sup>th</sup> July: Rehearsal after school and concert.

Students must be available from 4.30pm. The concert will start at 7pm and finish at approximately 8pm. There will be a break for them in between the after-school rehearsal and the start of the concert.

Further details, including about ticketing and dress code will be sent out nearer the time.

Should your child wish to participate in these workshops, rehearsals and concert please email Mrs Warren at warrene@kls.herts.sch.uk by **Monday 19<sup>th</sup> June.** Please note that it is essential that students are available for all of the above events – not just the rehearsals. If there is a large number of students wishing to be involved then names will be selected at random allowing for an even split between the year groups.

This truly is a fantastic opportunity and I would strongly encourage any students who enjoy singing or are considering GCSE Music in the future to apply to participate. It should be a thoroughly uplifting event.







# Recognition Being noticed for doing something positive or achieving something

# Students of the Week w/c 12th June

Art	Dhillan 10D
Dhillan has meticulously produced some fitexture and great attention to detail, well	ine clay work based on Samurai masks with an inventive use of done.
English	Harriet 9D
Consistently reflective in approach to her possible. An unstoppable combination!	writing style, while also endeavouring to read as much as
Food Technology	Charlotte 10G
Excellent effort with mock NEA work.	<u>'</u>
History	Billy 10J
A focused effort on a consistent basis – als contributing lots of accurate verbal knowledge.	so completing tasks quickly and accurately in class and edge during class discussions.
Photography	Todd 12SHH
challenge of taking studio portraits in a sp	approach to his learning in photography. Todd set himself a ecific style, manging to take a huge range of photographs of the creative journey that this involved and reaped the rewards ere put in. Well done.
Physical Education	Daisy 10G
•	t to County League athletics and has produced some excellent She is an excellent role model within her peer group and to the
Psychology	Aidan 120HA
_	Q topic in the field of psychology and his personal investment course of study and future career in this field.
Philosophy, Religion, Ethics	Eliana 7J
Exceptional PRE exam grade.	<u> </u>
Sociology	Emma 12ELL
For her tenacity and will to learn and impr	rove, inspirational communication, always asking questions to knowledge.

Textiles	Liliia 7J	
For an excellent transfer print design.		
Year 10 Head of Year	Freddie 10D	
Consistently following school expectations.		
Key Stage 5 Head of Year	Emma 12ELL	
For showing great organisation skills and excellent progress with her EPQ.		

Well done to all of our students who have achieved 'student of the week'.

# Best at Bedrock! Week 34

All of these names have been placed into a prize draw which will be drawn at the end of the term.

## Highest points earned in each year group

- Freya- 7T (205 points)
- Sophie- 8D (107 points)
- Cameron- 9A (116 points)
- Samuel- 10D (51 points)

## Highest progress made in each year group

- Manase- 7G (755%)
- Evie- 8J (350%)
- Oscar- 9P (313%)
- Edward- 10G (755%)



Confident voices, strong literacy



# **Cooking Club News**

# BEST EVER CHOC CHIP COOKIES Ingredients

150g butter, softened

150g <u>soft brown sugar</u>, golden caster sugar, or ideally half of each

1 egg

1 tsp vanilla extract

180-200g plain flour (see tip below)

½ tsp baking powder

200g chocolate chips or chopped chocolate

#### Method

Heat the oven to 180C/160C fan/gas 4 and line two <u>baking</u> <u>sheets</u> with parchment.

#### STEP 1

Mix the butter and sugar together using an electric whisk or hand whisk until very light and fluffy, then beat in the egg and vanilla. Fold in the flour, baking powder, chocolate and ¼ tsp salt as quickly as you can. Don't overwork the dough as this will toughen the cookies.

#### STEP 2

Divide the mixture into balls, the craggier the balls, the rougher the cookies will look.. Space out evenly on the baking sheets, leaving enough space between each to allow for spreading.





# **STEM Challenge**

Last week I travelled from London to Leeds, a distance I measured as 174 miles.

I started at 9.15am and completed the journey with an average speed of 40 miles per hour.

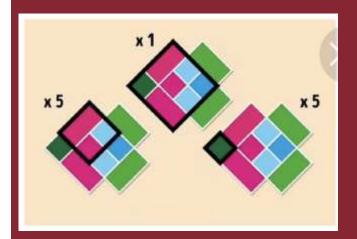
On the way back, in the evening, I travelled exactly the same route, starting at 5.15pm. The traffic was light and I completed the journey with an average speed of 60 miles per hour.

What was the overall average speed for the round trip?

The answer is not 50 mph.

Answer next week.

Last weeks answer: 11









# **Attendance Ladder**

MORE TIME IN SCHOOL = MORE TIME TO LEARN!

4 SCHOOL DAYS
OFF EACH YEAR



OFF EACH YEAR



9 SCHOOL DAYS

OFF EACH YEAR



11 SCHOOL DAYS

OFF EACH YEAR



19 SCHOOL DAYS

OFF EACH YEAR



2 MONTHS

OFF EACH YEAR



Nationally, only 35% of students who miss between 10% - 20% of school go on to achieve 5 GCSEs at grade 9 to 4 (A\* - C) <u>100 %</u> PERFECTION

98%

<u>Impressive</u>

96%

Good

95%

Nearly There

94%

Needs to improve

90%

Danger Zone

80%

Danger Zone



## A supporter has donated their winnings!

We wanted to let you know that

Mr Mark Sindall has generously donated

£32.70 in winnings to your school!

Have a great weekend everyone!



Tell everyone about this amazing prize





# **MHST Summer Programme**

The Marlborough Science Academy, St Albans, AL1 2QA 24th-28th July, every morning 10am – 12pm

Over 5 mornings, the team will be running 2 hour sessions based on the five ways to wellbeing.









These are free, informal drop-in sessions with activities for children and parents, including:

- Crafts
- Sports
- Nature walks
- Mindfulness activities
- Opportunities to speak with our mental heath practitioners





This group is here to help you to:

- Develop your bond with your child(ren)
- · Improve your confidence
- Understand the thoughts and feelings behind your child(ren)'s behaviour
- Understand your own feelings

We offer an 8-week online Psychoeducational group where you can meet other special guardians in similar situations.

If you think you may benefit from this group, please contact Liz Tyzack our Clinical Support Officer ASAP via email Liz.Tyzack@annafreud.org, or ask your social worker or support worker to make a referral.

Visit our website for more information about what we offer: https://www.annafreud.org/parents-and-carers/adoptive-parents-special-guardians-kinship-carers/and-foster-carers/

Our Patrocrifer Royal Highness The Princess of Wales yong Freud National Centre for Children and Families is a company limited by guarantee, company number 038





Individual bricks can be purchased for £5 (multiple bricks can be sponsored).

Corporate bricks can also be sponsored a minimum donation of £50 (no upper limit).

Each brick will form a permanent feature artwork wall with your name or company name engraved on a brick. Leave your mark and legacy on this exciting build.





Scan the QR code to make a donation to our 'Buy a Brick Project' or contact Mr Tubb (Principal Assistant Headteacher & Head of Sixth Form) for further information and to ask how to get

**involved.** Kings Langley School Sixth Form Centre - Buy a Brick Project - JustGiving Charity Registration No. 1003270



# FIRST SESSION FREE

Only £15 per half term Pay on ScoPay



# INCREASED FITNESS

- Increase stamina
- Build strength
- · Burn body fat
- · Improve fitness levels

# SIXTH FORM FITNESS SESSIONS

EVERY THURSDAY 3.30-4.30 PM

Led by Mr Newman, Qualified Personal Trainer Supported by Mr Tubb



#### IMPROVED HEALTH

- · Healthy heart
- Burns calories
- · Helps brain health
- Reduces stress
- · Receive advice about nutrition



# IMPROVED MENTAL HEALTH & WELLBEING

- · Improves mental health
- · Supports positive wellbeing
- Encourages positivity
- · Provides motivation
- Increase happiness
- Make friends



