Kings Langley Character Traits

Stickability – *the ability to stick at something even if it hurts*

Self-regulation – *the ability to control your actions and communications*

Empathy – *the ability to put yourself in someone else's shoes*

Character Virtues

Moral virtues:
- **Compassion** is showing care and concern for others
- **Caring** is looking after and providing for the needs of others
- **Courage** is acting with bravery in fearful situations
- **Empathy** is being able to understand the thoughts and feelings of another person and to put yourself in their position
- **Fairness** is treating others equally
- **Forgiveness** is giving someone another chance after they might have hurt you
- **Friendship & Friendliness** is the ability to make close friends and acting agreeably towards strangers
- **Generosity** is giving something for someone else's benefit
- **Gratitude** is a feeling of appreciation towards someone or something
- **Honesty** is telling the truth and being sincere
- **Humility** is not boasting and being aware of how much you owe to others for your success
- **Integrity** is the quality of having and following strong moral principles
- **Justice** is to have an understanding of what it is to uphold what is right
- **Optimism** is the ability to be positive
- **Patience** is the ability to wait and to tolerate difficulties you face as you try to achieve your goals
- **Respect** is showing regard for someone's feelings, wishes or rights
- **Self-discipline** is the ability to control yourself and to be organised
- **Tolerance** is the ability to be able to accept differences

Intellectual virtues:
- **Autonomy** is the ability to be critically independent in your thinking and actions
- **Co-operation** is working well with others
- **Communication** is having skills of verbal and written engagement as well as listening to others
- **Creativity** is being able to create and to use your imagination
- **Critical Thinking** is the ability to think reflectively and to come to independent conclusions
- **Curiosity** is being eager to know or to learn something new
- **Focus** is when you pay close attention to something and block out possible distractions
- **Open Mindedness** is not being prejudiced about new things, peoples and ideas
- **Reasoning** is the act of making a decision or judgement with the help of evidence
- **Reflection** is the ability to ponder alternative possibilities and not jump to conclusions
- **Resourcefulness** is the ability to find a quick and clever ways to overcome difficulties
- **Respect** is having regard for others and valuing them non-instrumentally as persons
- **Wisdom** is making the right choices at the right time

Civic virtues:
- **Citizenship** is your involvement in your community and society
- **Civility** is being polite and courteous in behaviour and speech
- **Community Awareness** is to actively and meaningfully learn from, and share information with different parts of the community
- **Friendliness** is the quality of being kind, thoughtful or affectionate towards another person
- **Neighbourliness** is a disposition to be friendly and helpful to others
- **Service** is the act of doing work that benefits other people
- **Social Justice** is being able to attend to fairness, entitlement and deservingness
- **Volunteering** is giving your time to help someone else

Performance virtues:
- **Ambition** is having a strong desire to want to achieve something or reach a certain goal
- **Confidence** is being certain in your own abilities or that a certain course of action is best
- **Creativity** is being able to create and use new ideas
- **Determination** is focusing your energy on finishing a task, especially when it is difficult
- **Leadership** is helping yourself and others to do the right thing by setting a direction or building an inspiring version
- **Motivation** is having a strong reason and drive to accomplish something
- **Perseverance** is the steady persistence in a course of action, especially in spite of difficulties
- **Problem Solving** is finding solutions to problems
- **Resilience** is being able to recover quickly from struggles and setbacks
- **Teamwork** is the ability to work with others effectively and efficiently