

Newsletter, 12.11.2025

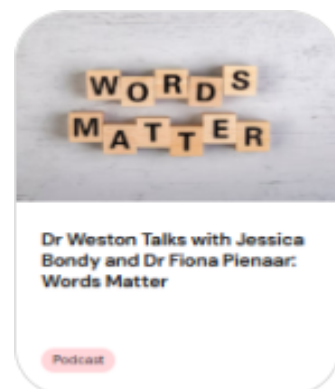
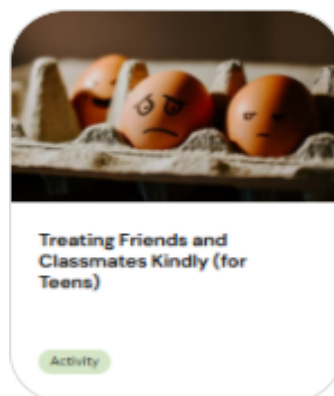
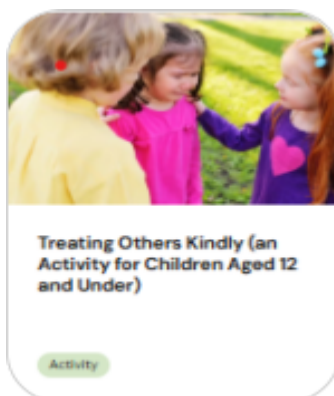
World Kindness Day, celebrated every year on 13 November, **is a global reminder of the power of compassion and human connection**. It was introduced in 1998 by the World Kindness Movement, a coalition of nations and organisations committed to promoting kindness as a universal value, transcending boundaries of race, religion and politics.

Acts of kindness, no matter how small, can create ripples that spread positivity, bridge divides, and inspire others to do good and Tooled Up has a wealth of resources to support this important topic.

For primary-age children, help them to build stronger, kinder friendships by using our activity resource [Treating Others Kindly](#). It gently **guides them to recognise subtle unkind behaviours** like exclusion or gossip and **to reflect on how these actions affect others**.

For teens, help them deepen their understanding of what kindness really means and the impact of relational aggression - something intended to hurt someone's personal relationships or social standing, rather than cause physical harm. [Treating Friends and Classmates Kindly](#) will **help you and your teen explore the subtle ways unkind behaviour can appear** in friendships and **to reflect on your family's values** when it comes to kindness and how to treat others.

As adults, let's reflect on how kind we are as individuals to our families, children, friends and colleagues. Unkind words that belittle or shame can deeply affect a child's self-esteem. Listen to our podcast [Words Matter](#) to learn the difference between an occasional 'cross' word and what might be considered verbal abuse.



Remember to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#) and [LinkedIn](#).